

January 2015

# Crystal Clear

P S Y C H I C S

4 RESOLUTIONS  
THAT WILL TRANSFORM 2015

MAKE A FRESH  
PSYCHIC START

ON THE VIBE  
WITH PSYCHIC MEL

IS DAVID  
**BOWIE**  
FROM EARTH?

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NEW  
YEAR!**

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## Greetings from the editor

A new year represents a renewing of spiritual energy, and a chance to realign ourselves with our highest potential. As 2015 kicks off, we at Crystal Clear Psychics are committed to bringing you psychic insight that helps you on your path.

In this month's magazine, we look at 5 Resolutions that will Change 2015. A broader, more selfless view of the new year may just allow us to create a better world in the year ahead.

You'll also find some useful advice on how to make a fresh psychic start. Does manifesting outward changes get easier when we make a deeper, more spiritual effort to understand ourselves? We believe the answer is yes!

We look at the life of David Bowie, who turns 68 this month. In particular, we explore psychic traits that help explain just how Mr Bowie captivates audiences, and embodies a vital energy that spans generations.

Finally, we're very excited to announce the arrival of Mel (pin 7712), a talented psychic who recently joined our team. In our monthly interview, she discusses her how her psychic vision works to give you personalised insight.

As always, we extend our thanks to you for being a valued client, and for making us the most respected psychic service in the UK.

Love and Light

Lauren x

# On the Vibe

**Crystal Clear Psychic Mel discusses how she links in with clients to provide personal psychic insight.**



**Contact Mel now! Call 0800 422 0422 pin 7712**

### **When did you first discover you were psychic?**

*I discovered I was Psychic when I was quite young. I used to predict things for people, and was very interested in Astrology. We are all on a psychic journey in our lives and we are all moved to where we are supposed to be. Sometimes when we feel we are getting nowhere in life, life is working behind the scenes working for us to provide better things in the future.*

### **What are your talents and what do they mean? I.e. Clairvoyant?**

*My talents lie in connecting with my Spirit Guides to give you the answers your are looking for. I feel, hear and see Spirit around me. Mediumship provides this for me, and helps me to assist the person I'm reading for. Clairaudience is based on hearing what spirit tells me, and it helps to guide me to aid the person with whatever questions they may need answering. Clairsentience is where I feel spirit around me, and usually happens when people need what I call a "Warm Hug" to know their loved ones are there and helping them. Clairvoyance is Spirit guiding me to answer specifics about what the future may hold.*

### **What tools do you use and why? What is their history?**

*The tools I link in with are Tarot and Unicorn cards—not always though, as spirit usually guides me directly. I sometimes use the cards to form a stronger psychic link with a client. The Tarot originated in France in the mid-15th Century and progressed through Southern and Western Europe from there. It's used as a "Divination Tool" so that the reader can be guided with the aid of spirit.*

### **One remarkable story from a recent client?**

*A client I read for replied back to me to say that everything I said was true about a work and relationship situation. My readings are all strictly confidential, so I'm not at liberty to disclose the content of the reading, but this lady went so far as to say everything I had told her had come about over a 1 year period, and that she was astounded as she never thought that at the time this would all be realised.*

### **Why do you enjoy working for Crystal Clear Psychics?**

*I love working for Crystal Clear Psychics as they are a very warm and friendly bunch of people. It's a very friendly atmosphere and the support you get from them is second to none. It's a very professional company and logging on set hours helps regular clientele to know exactly when you're logged on and available to read for them.*

# EARTH AND SPACE

**David Bowie** may be known as a man from space, but the story of his meteoric success is surprisingly down to earth.

The name David Bowie is synonymous with being 'out there.' His flamboyant eccentricity on stage, and his pioneering music spanning multiple generations, have earned him an eccentric reputation and a place in pop music history.

But there's more to Bowie than the borderline extraterrestrial persona he is capable of projecting. His life story and psychic fingerprint actually reveal an earthy, hard-working undercurrent—one that helped him become one of the brightest stars of the 20th century.

David Bowie was born on 8 January, 1947 in South London. This makes him a Capricorn under the Chinese sign of the Dog. Both of these major signs are notable for their sober, earthy qualities—which might surprise anyone who knows anything about Bowie. Indeed, there are other psychic influences that account for his radical nature, but this Capricorn/Dog combination may have given him the persistence and realistic outlook he needed to make an impact on the world.

In the schools he attended as a boy, Bowie's teachers quickly noticed his artistic giftedness and tendency to shine in the spotlight—but he was also rough around the edges. A notorious brawler, Bowie suffered permanent injury when he was punched in the eye over a girl. Doctors feared blindness would result, but he ended up with a permanently dilated pupil instead. The

boy who hit him—a friend—remained close to Bowie after the incident. This is indicative of Bowie's loyal Dog nature. Once a close bond is formed with a Dog, it takes more than a fist fight to break it.

Bowie's Capricorn nature kicked into high gear during his teenage years, when he began to spread his musical wings. Capricorn is an earth sign, and a relentless climber. It steadily pursues its goal, unphased by rejection, and moves methodically from one thing to the next. This is what happened as Bowie worked his way through the London music scene. The Konrads, the King Bees, the Manish Boys, the Lower Third, the Riot Squad—these were all groups with whom Bowie performed before he hit his stride as a solo artist.

The climbing didn't stop there. Bowie's debut solo album, *David Bowie*, failed to

garner any commercial success, and he began doing odd jobs to make a living, including roles in TV advertisements. But his steady Capricorn nature continued the pursuit of musical expression, knowing that his efforts would pay off. The big break came with the 1969 single *Space Oddity*, which scored a hit in the UK and started the wheels of fame rolling.

But if Bowie's Capricorn/Dog nature makes him earthy, thick-skinned and loyal to his friends, what are the psychic elements that drive his eccentricity, flamboyance, and chameleon-like stage presence? Venus in Sagittarius is one. This gives Bowie an air of exploration in the realm of love and sexual identity, and contributes to the androgynous, unearthly physical beauty he exhibits. Another factor is Jupiter in Scorpio, which lends a mysterious seductiveness to his persona, and gives him a fascination with all things eccentric.

Compared to the wild years at the height of his fame, David Bowie now lives a relatively quiet life. He's married, has children, and rarely appears in the spotlight. It seems his loyal Dog nature, with its inherent contentment and love of simple things, has taken a front seat in recent years. But with a creative juggernaut like this, there's no telling when his radical side will rise to the surface again. Either way, his unique psychic signature has helped him become one of the most iconic artists of the past century.



**David Bowie with wife Iman**

# Horoscopes • January 2015



Check out today's horoscopes at [crystalclearpsychics.co.uk/horoscopes.html](http://crystalclearpsychics.co.uk/horoscopes.html)



## Aries

A focus on career matters and personal ambitions encourages you to make a start on ideas and plans you've been mulling over during the holiday. However, a positive planetary shift will also enliven your social sector - so this can be an unusually sparkly and fun first month of the year. To capitalise look to start networking or involving yourself in community or group based projects.



## Cancer

The Full Moon on the 5th of January in your sign will bring all sorts of relationships into sharp relief, encouraging key issues out into the open so you can clear the air. This is a good time to work as part of a team, get necessary feedback and seek to improve partnerships - whether business or in your personal ties. Later in January your imagination can really start to peak.



## Taurus

Saturn is now finding its way in your zone of shared finances. This will help to put things into perspective regarding your longer term hopes or around shared assets. Along with this, you'll be keen to expand your knowledge, perhaps by taking up a course or class, or researching ideas that might open new doors for you. Later in the month, Venus can inspire a romance to blossom.



## Leo

As Saturn becomes established in your romance sector and zone of pleasures, you may become more serious about your talents and hobbies with a desire to take things further. In addition, you'll likely be busy at work this month, so do pace yourself to reduce any potential for pressure. This is also a month when you will become more conscious of your health and wellbeing.



## Gemini

Certain people may demand a lot of you Gemini, yet you'll find your confidence increases as you rise to any challenges that are laid down. However, your shared finances can benefit from an overhaul, especially where debts or overdue bills are concerned. You may find that others will be uncompromising on what they will agree, yet even so do look to reach a mutual agreement.



## Virgo

Romantic opportunities look scintillating with a heady focus on your zone of dating and light-hearted affairs, yet for you to really feel at ease, you must feel emotionally secure. Saturn also asks you now to think more seriously about where you live, who you live with and how. A relocation could be possible this year, or some extra family responsibilities.

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## Libra

You might find yourself in the mood to de-clutter your abode - especially if you can give yourself more personal space. By week three the chances are you'll be ready to explore leisure options and creative opportunities that can really showcase your talents. Meanwhile, as Venus glides into Pisces on the 28th take time in the last few days of the month, for some quiet reflection.



## Capricorn

You'll likely have a plethora of ideas to consider during 2015 yet don't ignore the gains you can make from tidying up any loose ends that you have already begun. With talk and thought planet Mercury rewinding from the 21st, do be mindful around financial transactions or purchases. The last week of January can see you bonding with one friend much more deeply.



## Scorpio

New ideas can appeal as you burst into the New Year with options for sharing your knowledge or for studies that can give you a cutting edge. However, you'll want to apply yourself on the financial front too as you consider ways to budget or increase your earnings. Later in January, getting organized at home can enhance your creativity and perhaps energy levels too.



## Aquarius

With the Sun beginning 2015 in Capricorn, make time to reflect on what's best for you, especially regarding any New Year's resolutions you've made. Despite this, January will be a much more upbeat, energised and go-getting month than usual because the inner planets spend time with you early this year. Your real spark can come from the 21st's New Moon.



## Sagittarius

Saturn puts the pressure on you to focus on important goals. He is going to be with you for much of this year and this will press you to prioritise wherever you can. However, communication is enhanced by the Aquarius New Moon on January 20th which will be ideal for promoting yourself or finding new, engaging interests. With your ruler Jupiter in retreat all month, do look to conserve your resources.



## Pisces

Your spiritual sector is strongly activated early this year, and this can see you spending time with more sensitive or kindly souls. Good causes can be especially attractive to you Pisces. Yet as Mars roars into Pisces on the 12th this will mean that you can still get some new projects on the go, or take a lead with others. Any fitness resolutions will start to move up a gear from then too.

# 4 RESOLUTIONS THAT CAN TRANSFORM 2015

*When it comes to the New Year, we all think about how to improve as individuals. But could this be why so many resolutions fail? What would happen if we took a broader, more selfless view toward our goals, based on the idea that a rising tide lifts all boats?*

## *Cut Down on Digital*



One of the biggest trends in business and technology today is that of encouraging more human contact. Perhaps the reason is this: As amazing as the digital world has become, we're beginning to realise that we can never replace the presence and spirit of another human being. Good things happen when we limit our dependence on glowing rectangles, and spend more time relating directly to the world around us.

## *Perform Random Acts of Kindness*



Throughout the centuries, great spiritual traditions have said that our physical world is the outward manifestation of an underlying web of energy. If this is true, then everyday actions have a real effect on that energetic web. Performing random acts of kindness, and doing selfless things for others, brings higher vibrations into the web. The physical world improves as a result. Sometimes, the best thing you can do for yourself is do things for others!

## *The Power of the Purchase*



Money is one of the easiest ways to see how everything is energetically connected. When we spend cash on a product or service, we're investing in the ideas, ethics, and people behind it. The money we pay is then spent by others, and so it goes. It's near-impossible to visualise just how intricate and far-reaching this interconnectivity is, but we can choose to use our money consciously and make the best decisions we can!

## *Use Your Smile*



If you're looking for the easiest possible way to change the world, the key might literally be right under your nose. How many times a day does someone smile at you for no reason, and how many times do you smile at someone else? Probably not many. But whether or not a smile is returned, it leaves a powerful psychic impression. It reminds us that the power of togetherness, right here and now, is more important than any goal or achievement.

# Make a Fresh Psychic Start

**O**ur best intentions to make a fresh start often fall flat. Why? One of the main reasons is that our efforts lack integration between the psychic and physical worlds. Sometimes our intentions remain just that—intentions. We focus too much on the idea of doing things differently, rather than implementing practical actions that bring results. On the other hand, we sometimes plunge into action without considering the deeper, psychic nature of personal transformation.

To make a fresh psychic start in 2015, consider the importance of balancing tangible actions with psychic exercises. Start by taking five minutes every day for visualisation. Find a quiet place, close your eyes, and begin to imagine the changes you wish to make. Maybe you want to stop a bad habit, make healthy changes in your body, or finally reach a long-standing creative goal. Whatever the case, begin to imagine how it feels to make that change. Imagine how success will feel—and not just in a general way. Imagine the details, the sensations, the difference you'll feel on a day-to-day basis. The more deeply you can visualise the feeling of success and transformation, the more you'll be able to access these feelings outside of the visualisation process.

Next, couple your visualisations with as much practical action as possible. Tuning into the sensations you experience during your psychic exercises, begin the process of manifestation. The results you desire already exist as pure potential in the world of spirit. You are

merely accessing that potential and choosing to make it your reality.

The key here is taking small steps. Find the most minute ways to go about your transformation. If you're trying to quit smoking, lower your quota by one every day or week. Continue to powerfully visualise how healthy your body will feel, and think of what other changes in your life will become possible. Visualisation tip: Imagine standing beneath a cold, clear waterfall as the clouds dissipate and the sun reaches down to embrace you. The flowing water is pure, clean and independent.



If your goal is attracting more money, couple your psychic exercises with one half-hour of daily research and networking. Take real action to find an investment, business or savings opportunity that works for you. Start small. Investigate your options and talk to people with experience. At the same time, continue to sit down every day and flex your psychic muscles. Imagine how amazing it feels to be more financially secure. Visualisation tip: Picture your bank account as a green ball of light expanding outwards, filling in all the financial gaps and stresses in your world.

This strategy can be applied to virtually any transformation you wish to make in 2015. It doesn't take a brilliant plan or a herculean effort; a simple understanding that the psychic and physical worlds are connected, couple with daily action on a small scale, will help you make a fresh psychic start.

## Does Love Await in 2015?



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## Happy New Year 2015!

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