

Crystal Clear

P S Y C H I C S

October 2014

Talented
PSYCHICS
0800-422-0422



Halloween

The pagan ritual of Samhain



Honour Your Ancestors

A Samhain ceremony



Samantha Barks

Music in her soul

Guidance from GENUINE psychics! Details inside

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Greetings from our editor

Halloween is the focus of this issue – the modern name for the ancient festival of *Samhain*, which marks the summer's end and is traditionally when the dead walk amongst the living. As well as an article discussing its history and traditions, we also feature a simple ceremony that you can perform in honour of your ancestors.

Our celebrity this month is Samantha Barks, a Libran who has made music her life.

And this month we also talk to Ruth (pin 7783), who believes we all have psychic abilities, although some people are more alert to them than others.

Here at Crystal Clear Psychics we continue to strive to bring you the best psychic service in the UK. I hope you enjoy this month's newsletter and have a happy Halloween!

Love and light,

Lauren x

On the Vibe

Psychic **Ruth** talks about how much she enjoys working for Crystal Clear Psychics



Contact Ruth pin 7783

Crystal Clear Psychics: *When did you first discover you were psychic?*

Ruth: *Everyone is psychic to a degree, although that degree varies greatly. Instead of discovering I was psychic, I discovered other people could sense the same frequency, though they didn't necessarily tune in to the same signal strength I could. This holds as true as ever today, as many clients sense something is coming up.*

CCP: *What are your talents and what do they mean? I.e. Clairvoyant? Clairsentient? Medium etc?*

Ruth: *First off is clairvoyance. Everyone has it, though few realise it. Movies flash through your mind all the time. Pictures, too. While many will be a result of your memory, some flash by while you're pondering a situation unfolding. The trick is to slow those movies down so you can watch what unfolds and interpret it as a past, present, near future, or future event. Everyone has clairsentience, too. I've never run across a client lacking the ability to feel what other people in their life are dealing with or experiencing. But, as with any psychic ability, there are blind spots. Those blind spots usually extend to family, self, and lovers. Claircognisance affects us all from time to time. Maybe an old friend's name surfaces in your mind, and you, understanding the signal sent, interpret it correctly and wind up hearing from them the same day. You might decide to do something sweet for your significant other and pick up their favourite treat on the way home from work, only to find, when you arrive home, that they were thinking about the exact treat you bought before you bought it!*

Ruth: *While I can read Tarot and Native American Medicine Cards, and adore astrology and numerology, it's extremely rare that I use any of these tools in a reading unless it's requested – and it never is. I depend on what I get in my head first. Clients are spending their hard earned money to get information quickly and concisely. It's on me to make that connection clear from the very beginning of their call. There are millions of psychics for a reason. I can't connect with everyone, nor will they feel a connection with me. For that reason, I get going immediately so we can see if I have a legitimate connection or not. If not, they don't pay for the call, and have the opportunity to see if they connect with another reader who gets it right from the beginning.*

CCP: *One remarkable story from a recent client?*

Ruth: *A recent client had a business that was doing quite well, winning awards and garnering high praise, but he was burned out and convinced he couldn't keep at it any longer. I pointed out he had a huge idea lurking somewhere in his head. One that could make him much more than the business he was currently operating. Also, had he considered acquisition? Turned out he hadn't. He'd been too busy running on the treadmill to think about what he wanted. And no, he'd never thought of selling his company, though a well-known company had been in touch with him a few months prior. More exciting still was that he did have a big idea, and after the acquisition he started working on it with huge interest from well-known names who are lining up to invest when he gets the prototype up and working.*

CCP: *Why do you enjoy working for Crystal Clear Psychics?*

Ruth: *I'd happily volunteer to be hooked up to a lie detector test and proudly proclaim Crystal Clear Psychics is hands down the best company to work for as a psychic. How a psychic performs is directly impacted by the pressure they feel behind the scenes. Here at Crystal Clear Psychics, there is no pressure. Because we aren't encouraged to spout metaphysical mumbo jumbo to keep clients on longer, or tell them fairy tales to ensure that the money keeps rolling in, the client can be assured of the best service there is.*

Contact Ruth now! Call 0800-422-0422 pin 7783

Halloween

The ancient Celtic festival of *Samuin* or *Samhain* meant 'summers end' and was the first and most important festival of the year, held on October 31st.

In northern Europe, this festival marked the beginning of the darker months and the dangers confronting survival were very real. It was the beginning of the Celtic New Year and cattle and people were purified by walking through two large bonfires.

Known as a 'day between the years' or an *Ysbrydnos*, it was a magical night where the dead were said to walk among the living and the veils between the living and dead were lifted in prophecy and divination.

The Norse celebrated this time as *Vetnaetr*, the Anglo Saxons called it *Vuinter Fylleth* meaning winter approaching; for the Welsh it was the night of the winter calends and in Ireland, it was Goblin or Puca night. It was a time of remembering the dead and marking the time with offerings to the Gods, drinking and feasting.

The Manx celebrate *Hop tu Naa* at this time meaning 'this is the night' and traditionally the turnip lanterns known as Jack o'lanterns were carried; this tradition carried over to America where pumpkins were grown and hollowed more easily and provide the lanterns we recognise so easily today.

Common traditions that still take place at this time include leaving food out for the spirits, salt placed on doorways and windows to keep evil at bay, pumpkins or turnips hollowed out and lit, apple bobbing (from the recent apple harvest) and dressing up as the spirits we

think we might see! Sweets have replaced the soul cakes which were taken by children from door to door requesting them.

All forms of divination take place at this time and used to include the casting of nuts into the fire – how they sprung out would determine your fortune! Gazing into a mirror at certain times at night would also reveal future lovers and apple peel was often cast into the fire as a question was asked – how it fell would reveal a pattern that would give you the answer.

Crows and ravens, long associated with omens and prophecy are the sacred animals of Halloween, as are black cats, owls, bats and all the creatures of the night. Certainly the fear of witchcraft in the middle ages, added the familiar figure of the witch on her broomstick, accompanied by her familiars!

And so the great festival of Samhain continues to evolve and yet the core remains the same; confronting the unknown and our own fears; celebrating coming together for the strength and comfort found in community, families and friends and now, in modern times, emerging to a more spiritual symbolic focus of finding our inner light to sustain us through our own 'dark' times.

The dark has had a bad press over the years, symbolising something to be feared and yet, it is from the dark that the light and life grows; the baby in the womb, the seed in the earth, the dawn after the night. The winter allows the earth to rest and the night allows us to retreat and recover our strength - so let us celebrate the dark, the unknown and the hidden in this most enchanting of festivals!

Ceremony to Honour Your Ancestors for Samhain



On Samhain Eve
aside a small table
ancestral shrine. On
black and some orange
A small vase of orange
leaves can decorate the

(October 31st), set
to represent your
it place a cloth of
candles or tealights.
flowers and autumn
shrine.

After the Sun has set, light the candles and a little incense and place some food and drink on the shrine. Welcome your ancestral spirits in your heart by saying:

Welcome all ancestral spirits; spirits of earth, sky and sea; ancient ones of the hidden place; at this ysbrydnos, the sacred time that stands between the dark and light, the veil between the worlds is thin. Draw near to the boundary of our worlds and hear our prayers and partake of our offerings. In this season of transformation, we honour our ancestors, as the ancients have done before us.

Eat and drink a small piece of your own food and drink whilst silently meditating on what you have just said. Then say:

As you are the past, we too one day shall become like you. We are now the present as once you were and the sum of our longings and efforts shall become the bright future that we create between us. In this way, we are all blessed.

This is a good time to eat and drink with family members who can spend time regaling stories of those no longer with you, so that for a time, they will live again with you all in honour of your memories.

Call now to speak to one of our psychics 0800-422-0422

Samantha Barks

The sweet song of Libra

Some people have music in their soul. It appears that Samantha Barks is one of these special people. Samantha is a Libra. Libra is linked with the planet Venus, the goddess of love and beauty. So Libra is a sign that we associate with beauty, charm and the arts. The first two qualities are obvious in Samantha. As an actor, she is intimately involved in both film and theatre. It all comes so naturally to her. This is no surprise as she's been dancing since the age of three. She trained in modern dance, ballet and tap. It's small wonder that her Libran qualities are so obvious. In addition to being a Libra, Venus is also very close to the Sun in her birth chart. This is like having a double dose of this most charming of signs.

Libra is a sign that is very fond of music. Yet there is an even stronger indicator pointing to Samantha's musicality. Her Moon is in the romantic sign of Pisces. Pisces is like a chameleon able to change and adapt to suit whomever it's with. This, of course, is very handy for acting. The sign of the fish is also linked with the ability to lose oneself in fantasy or letting go of the ego. Again, these are qualities that an actor, playing a variety of roles, benefits from.

The romantic and adaptable sign of Pisces has yet another love, music. Singing is clearly a passion for Samantha. She co-wrote some of the music featured in her debut album. In addition, she came third in the BBC talent competition *I'd Do Anything* in which contestants

competed for the part of Nancy in the stage musical *Oliver*. Those were early days in her career. Since then, she has had the opportunity to play Nancy in the UK tour of *Oliver*.

Pisces is also associated with film. In 2012, Samantha made her film debut playing Eponine in *Les Misérables*. This year she is playing Baba Yaga in *Dracula Untold*. The dark themes of this film may seem a departure for Samantha, but with Pluto, the planet linked with death and the underworld, making links with both the Moon and Jupiter, perhaps this is an opportunity to explore a deeper and more intense side of her personality.

For all the fun, and fantasy represented by Libra and Pisces, there is a real ability to work hard. Mercury, the planet linked with our mind set and communication, is in Virgo. Virgo is about precision and is known for its need for perfection. When Mercury is in this sign, it speaks of someone whose focus is on getting things right. It's close to Venus, which is another indicator of a beautiful voice. Yet talent requires a willingness to work hard if it's to be harnessed. This is where Saturn comes in. Saturn is a planet of hard work. It is the task master pressing us to really hone our skills. In Samantha's chart it positively linked to Mercury. It also makes a tense link to the Sun. This drives Samantha to continually give her best to everything she does. Given that her career is still so young, we can look forward to great things in the future.



Reach our psychics today on 0800 422 0422

Horoscopes • October 2014



Aries

The lunar eclipse in your sign on October 8th brings a chance to let go of anything that no longer serves you. In addition, it links with a later eclipse in Scorpio, encouraging change on your terms. Hang onto your hat, as progress may be swift. Once Mars eases into Capricorn, you'll be ready to forge ahead with a key goal.



Cancer

Your home and career balance may be stirred up by a lunar eclipse in Aries, encouraging deeper reflection on your goals and whether they're worthwhile pursuing. It might be time to consider what you want and where your real focus lies. In addition, the solar eclipse can encourage a fresh start regarding romance and creative projects.



Taurus

Lifestyle and day-to-day routines get a shake up, enabling you to see where changes need to be made. Relationships require care too as Mercury in its retro phase could coincide with misunderstandings. Nevertheless, you might find that, regarding a significant other, a problem or obstacle is resolved once and for all.



Leo

Early on fun, leisure and pleasure options bring a delightful energy your way. In addition, an eclipse in your travel and adventure sector might encourage you to re-evaluate a plan and make key changes. Later, a dynamic solar eclipse that focuses on home and family affairs could push you to make a decision which is long overdue.



Gemini

Mercury regresses for much of this month, which isn't necessarily such a bad thing. Although it is often linked with misunderstanding, it can be an aid to resolving problems that have been a source of angst. Along with this, a solar eclipse in Scorpio brings a chance for a lifestyle change, particularly regarding health routines and daily habits.



Virgo

Finances need care, particularly as the lunar eclipse could coincide with a need for action. If you've been brushing money issues under the carpet, this is the time to deal with urgent matters and put them behind you. In addition, the Sun's move into Scorpio enhances communication along with a desire to resolve a long-standing mystery.

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Libra

The lunar eclipse in your relationship sector can bring matters of concern into the open. Dealing with them might help you feel more at ease and peaceful, whether this is a business partnership or romantic association. Plus, the movement of Mars into Capricorn brings lively activity and fresh motivation to family and domestic affairs.



Capricorn

This is quite a dynamic time with a chance to review your domestic situation and social life, and make any relevant changes. The lunar eclipse early on might help you let go of worries around family affairs that have distracted you from finding a solution. Later, moving in new circles could bring progressive change your way.



Scorpio

Get ready for a few key changes this month, firstly in your lifestyle sector, as a lunar eclipse stirs up issues that need attention. Releasing habits or structures that no longer serve you could be very liberating. Later, a solar eclipse in your sign can be excellent for a dramatic new beginning, sowing the seeds for purposeful growth.



Aquarius

A lunar eclipse in Aries might motivate you to review a promise or commitment that no longer suits your needs. During the first week, you may want to engage in discussion as a way to explore other possibilities. Later, a focus on your career sector can bring high-powered opportunities regarding a personal goal or ambition.



Sagittarius

Love adventures show up early on, although if you find yourself falling in love around the lunar eclipse on October 8th, don't rush into anything. Bide your time, as you might learn something to your advantage. Your social life looks particularly bubbly for much of the month, enhancing opportunities for networking and fun.



Pisces

Go easy with finances, especially around October 8th, when a lunar eclipse could coincide with a desire to shop or splurge on something you don't really need. Think before you purchase items that cost too much. Career matters scintillate for much of the month, as you seek out new challenges and opportunities for positive growth.



Crystal Clear

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