

Crystal Clear

P S Y C H I C S

November 2014



Matthew McConaughey

The darker side of Scorpio



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Self-love and happiness



Introduction to Runes

Guidance from GENUINE psychics! Details inside

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Greetings from our editor

In this busy world, it can be difficult at times to find our own happiness, so in this issue we feature an article with tips to help us love ourselves and find happiness.

Our celebrity this month is Matthew McConaughey, a Scorpio actor who has the ability to tap into both light and darkness.

We also talk to Robert (pin 7771), who tells us about his psychic experiences as a young child.

And we've included a brief introduction to runes - the ancient divination tool used in northern Europe for thousands of years.

Crystal Clear Psychics continues to strive to bring you the best psychic service in the UK. I hope you enjoy this month's newsletter.

Love and light,

Lauren x

On the Vibe

Psychic **Robert** talks about discovering his psychic abilities as a child



Contact Robert pin 7771

Crystal Clear Psychics: *When did you first discover you were psychic?*

Robert: *Like most seven year olds, I always found myself where I'd been advised not to be. Climbing about in ruined buildings in the woods where the rooks hurled insults at each other, a second before I took a ten-foot fall, one rook squawked, "WATCH OUT!" I might not have listened right then, but I have learnt to listen since. Later that year, a spiral of black fog circled the ceiling of my bedroom. This cloud column contained horses, top hats, tigers and trains, all galloping along as each morphed into the next. I wasn't frightened. I discovered I had psychic ability autumn 1974, but thought all of it perfectly normal and that it was the same for everyone.*

CCP: *What are your talents and what do they mean?*

Robert: *I use a combination of remote viewing and clairvoyance. I can often read a person by the light they give out, and can usually tell what may be wrong. I can see if someone will be successful or unsuccessful. If you get a person to relax you can get to see what drives them, which is very important. I'm very good at getting clients to engage with buried potential and allowing themselves to thrive.*

CCP: *What tools do you use and why?*

Robert: *I love tarot cards. I think about them when I'm watching TV, gardening, walking the dog and shopping. I've been working with tarot since 1986. Tarot can give confidence to any seeker and provide startling accuracy regarding people, their choices, love, money, even their timelines. I also use the pendulum, drops of ink into water and mirrors.*

CCP: *One remarkable story from a recent client?*

Robert: *It's never easy sharing a reading that places increased burden upon those already facing extreme challenges. It is always inspiring to hear back from clients who, despite all the odds, loss of a job, family breakdown and hardship manage to work through those troubled times, - my reading helped this person join all the dots for themselves, and ultimately accept wholehearted change was the only route open to them. They had come through this with little to no support; it was their own work, their own unwavering effort that had commanded change in their life circumstances. The reading just gives them the clarification they needed. This is why I will never play down the importance of reading the cards honestly and openly without a sugar coating.*

CCP: *Why do you enjoy working for Crystal Clear Psychics?*

Robert: *What goes into each individual reading is extremely important to me and Crystal Clear Psychic's attention to detail makes them a special company. It's vital that any client's needs are met and if that client needs to try several readers to find the sharpest clarity then it's good to know Crystal Clear Psychics accommodates both client and readers in precisely that way. My work alongside CCP is based upon mutual respect, clients, readers and those taking your call at reception. CCP want everyone involved to benefit and maximise the experience. This is not just about increases on profit and popularity but much more about building the reputation of a reliable and trusted team who provide regular clients and first time visitors a genuine experience and service. I'm excited when I come to work/ I love what I do and highly recommend Crystal Clear Psychics as a company that bothers about its clients and the quality of care everyone is afforded.*

Contact Robert now! Call 0800-422-0422 pin 7771



Self-Love and Happiness

by Andrea [PIN 7726]

Many of us believe that being happy would be the key to all that is good in life. Yet we still tend to put too much importance on what others think or feel about us, in order to make us happy. The most important decision you can make for yourself, the one that will affect many other decisions you make, is to commitment

to love and accept yourself for who you are. This will directly affect the quality of your relationships, work, hobbies and overall your future.

But why is this so hard to put into practice?

One important key to success is self-confidence. An important key to self-confidence is preparation.

Arthur Ashe

Begin your day with love Start each and every day by reminding yourself of your own self-worth before the busy hectic pace of your life takes over.

Talk yourself happy Use positive affirmation and self-praise to build up confidence within. Repeating this on a daily basis will help your mind to become more positive and for you see the world more positively.

Meditation and journal keeping A ten minute meditation and journal keeping daily will help to ground and calm you. It will relieve you of the build-up of stresses and help you to see things more clearly. The journal is also a good tool that will allow you to see how far you have come.



Be emotionally honest with yourself This can be one of the most difficult of all of the stages to fulfil. You have accept all your limitations both inside and out. It's not easy to see and list every flaw, but once they have been accepted, this can be very liberating.

Own and know your own potential Learn to

love yourself enough to start believing in the limitless opportunities available to you. You will need to take action and start to create the life you want for yourself. You are responsible for your own destiny. Spirit will guide you, but will not live your life for you.

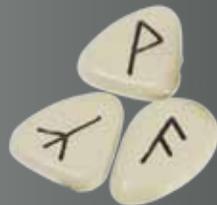
Allow your intuition to guide you All our answers come from within. When we need to make a conscious decision we will hear two inner voices. The louder voice is your ego talking, the quieter is your higher self. Always listen to this quieter, gentler voice. It will help to guide you and show you a clearer path.

Remember to be patient with yourself Rome wasn't built in a day. As you relax and transform slowly into a beautiful butterfly, you need to be willing to surrender the need for control, to learn to accept yourself, faults, flaws and all. Breathe, relax, and let go. You can never see the whole picture. Simply stop fighting against yourself by thinking you need to fit in and be a certain way, or desiring people and events to fit in with your life. The plan you desire may be different from your soul's intentions.

Trust in yourself, do good work, and the Universe will reward you.

Self-confidence is the most attractive quality a person can have. How can anyone see how awesome you are if you can't see it yourself?

An Introduction to Runes



Runes date back thousands of years. The earliest evidence of runes date back to Neolithic times in 1300 BCE. The signs started off as representations of parts of the body, squares and circles, and gradually became more abstract glyphs. Evidence of runes can mostly be found in Northern Europe where they have been discovered chiselled into rock in areas that were inhabited by Germanic tribes.

According to mythology, the runes were discovered by the god Odin. While he hung upside down for nine days from *Yggdrasil* (the Tree of knowledge) he noticed the rune stones. Each rune stone is connected with a god or goddess of Norse mythology and has within it the meaning of that deity.

These runes developed into an alphabet and, depending on the region of Northern Europe, contained 16 or 24 characters. This alphabet was used well into the Middle Ages in some regions. Each rune not only has a letter ascribed to it, this letter also has a meaning and phrase associated with it.

As well as being used for the written word, runes had a magical element to them and they were used to decorate weapons and altars. Their mythology was passed down by word of mouth from person to person and a skilled Norse shaman would cast runes and interpret the reading.

The word rune also means *mystery* or *whisper*, showing how it whispers its secrets to the rune reader.

Sets of runes are easily obtainable, or you can make your own by marking the characters on stones, small pieces of wood or small tiles. Numerous books and websites outline the meanings of the runes.

The traditional way of using runes as a divination tool is to cast them onto a cloth kept specially for this purpose. In addition to reading the runes that are face up according to their individual meanings, note is also made of their position (for example, those furthest away from the reader refers to an event in the far future) and how close or distant they are from each other.

Some people read runes in a similar way to tarot cards, arranging them in a spread of which each position has a meaning.

A simple way to do a rune reading is to draw a single rune from its bag at the start of the day to see what that day holds for you. Alternatively, you can draw three runes from the bag, the first representing your issue, the second the course of action you need to follow, and the third the likely outcome.

With a little practice, anyone can learn to read runes. Why not give it a try?

Matthew McConaughey ♏

The darker side of Scorpio

It's always interested me how actors' charts are so often reflected in the roles they play. Matthew McConaughey's chart is very descriptive of the parts he's played in his career. Born on the 4th of November, he's a Scorpio. Scorpio is associated with **all things dark**. It perfectly describes the time of year, when everything appears to be dying as we head for winter. So it is that this sign likes to dig deep into the darker side of life. It likes to explore **matters of life and death**. Given this symbolism, it isn't surprising to find Matthew has been in films with the following titles: *Texas Chainsaw Massacre: The Next Generation*, *A Time to Kill*, *Killer Joe* and the crime anthology HBO series *True Detective*. Although he didn't play the lead in all of these productions, he was still a part of them and the titles are very Scorpio.

The Scorpio theme of **survival** and life and death matters, is also evident in the role that won him both the Golden Globe Award and the Academy Award for best actor. In *Dallas Buyers Club*, a biographical film, he plays the part of AIDS patient Ron Woodroof. When Ron found that certain unapproved pharmaceutical drugs helped him with his symptoms, he set up a club in which he provided these drugs to other AIDS patients. This, of course, set him up in conflict with the FDA. There is obviously a theme of **rebellion** here too. In Matthew's chart it's represented in the positive link that exists between Mars and Uranus.

Uranus is **visionary** and has **humanitarian** aims. **Mars** is the planet we associate with **action**. The positive link that exists in Matthew's chart between these two planets indicates someone who can take positive action

to help others, as part of his own humanitarian ideals. Matthew has founded the *Just Keep Livin'* Foundation. This is dedicated to helping teenagers lead active lives and make positive choices that secure good futures.

In addition he's known to have rescued several animals stranded in the flooding of New Orleans from Hurricane Katrina. He has also rescued a cat from some youths who were subjecting it to great cruelty. His Moon is in Virgo, a sign linked with small animals.



There is a very serious streak running through much of Matthew's chart. **Scorpio**, **Virgo** and **Capricorn** (his Mars is in Capricorn) are amongst the **most serious signs of the zodiac**. Besides his humanitarian vision, he's clearly very serious about his career. Afraid of falling into the trap of being typecast, he began to turn down roles. He knew he was taking a risk but was determined that his career would stretch him as an actor. After roughly two years of waiting, things have

begun to turn around resulting in his lead roles in *Dallas Buyers Club* and *True Detective*.

For all the serious tones, there is something quite light in his chart too. Venus and Jupiter are both in Libra. **Libra** is the sign of **charm and relationships**. This may account for the many romantic comedies that have been, a part of his career.

With his ability to tap into **light and darkness**, Matthew McConaughey is surely one of our most interesting actors and we can look forward to more great work to come.

Reach our psychics today on 0800 422 0422

Horoscopes • November 2014



Aries

The Scorpio focus over November can have a transformational quality about it, encouraging you to make decisions that could change aspects of your life quite dramatically. Meanwhile, the New Moon in Sagittarius on November 22nd hints that it's time to let go of the old, as you're likely to be more than ready for fresh challenges and adventures.



Cancer

Creativity and self expression could feature strongly this month, and both can prove therapeutic as practising your art or craft, or meeting someone new and flirty may boost your mood and energy levels, significantly. Later in November, the New Moon can be a true catalyst and encourage you to explore ideas that might help you generate some extra cash.



Taurus

If you can avoid power struggles, dynamic opportunities could open up for you, especially related to a romantic partnership or a business connection. The weeks ahead can be excellent for forging close bonds or negotiating deals, with a chance to reap rewards for all your hard work. Chances are, you'll be in the mood to explore some sizzling romantic options too.



Leo

Home, family and lifestyle matters can take precedence, giving a rather intense slant to your affairs in these areas. Whether you're entertaining, redecorating or dealing with a change in family dynamics, you might be keen to ditch the old and welcome in the new. However, a big shift occurs from November 22nd, when there's a superb chance to relax, catch up with friends and have some fun.



Gemini

It may be wise to create a reduced schedule from November 6th, as the Full Moon in Taurus can coincide with an opportunity to get in touch with your true needs and desires. Also look to pay greater attention to your everyday routines, particularly related to work and health, as key changes could prove to be liberating. Later in the month, you may be ready for new adventures.



Virgo

You may find yourself deep in thought, and in so doing, get to the heart of any issues that need urgent attention. Along with this, interactions with others including anyone you are closely involved with, could consume a lot of time and energy, so the trick will be to ensure your investment is worth it. Pleasingly, a happy focus on home and family can bring some light relief in the last third of November.

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Libra

If you're reluctant to give a skill or talent an airing - reconsider. Why? Well, you might find you're able to increase income or levels of personal esteem by showcasing your abilities. This month making progress can occur, but you need to be willing to move out of your comfort zone. Plus, a New Moon on the 22nd will be further help in promoting yourself or reconnecting with old friends.



Capricorn

Your social life can power up, with the potential for moving in new circles and mixing with influential and yet likeable people. There may be options for romance too, and through your work you could make a fabulous connection, too. Once the Sun moves into Sagittarius on November 22nd, a tender phase shapes up, which might see you more sentimental.



Scorpio

The Full Moon on November 6th can prove to be unexpectedly sensual, if you are lucky enough to be in a close bond or you meet someone desirable. If you can, do indulge your senses. This month also offers a great opportunity in the first two thirds, to take a firmer grip of your life direction, and initiate new ideas. Indeed, investing in opportunities that offer adventure, travel or a learning experience can draw you.



Aquarius

When it comes to personal goals and ambitions, you'll be keen to make progress, so set your sights high, Aquarius. Plus, you might find that tweaking your schedule and your plans brings even more opportunities for success. From November 22nd, a New Moon in your future zone spotlights an opportunity to move in new circles and make some fab new connections.



Sagittarius

During the first three weeks of the month, make time to ponder. If you do, you can connect with a much deeper side of yourself. This may see you want to let go of a phase, relationship or problem and by doing so, make way for new and sparkling opportunities. With a New Moon in your sign on November 22nd, you'll have a wonderful chance to spark back into full form and dazzle.



Pisces

While your everyday life can seem to be filled with expansive opportunities, you could find yourself held back by red tape or too much bureaucracy. However, it's not what you know but who you know that might be able to swing things your way. From the 22nd, the stars give you a wonderful platform to express a more confident and dynamic side of your nature.



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