

Crystal Clear

P S Y C H I C S

February 2014



The Moon

How it Affects Your Love Life



Clairsentience

with Psychic Esther

Jennifer
Aniston

Talented
PSYCHICS
0800 422 0422

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Greetings from our editor

For many years, Crystal Clear Psychics has taken great pride in authenticity of our readers. We strive to give you the best psychic experience to reassure and uplift you as the world changes.

In this month's newsletter, we have a fascinating feature on celebrity

Jennifer Aniston, whose spirituality is deepening with age. Among her other recent projects, Jennifer narrates the Mind-Body-Spirit documentary *Unity*, releasing in March.

We also include a really interesting relationship article focusing on the Moon—I for one really appreciated the advice!

This month, we also wanted to welcome a lovely new reader called Esther (pin 7785).

Having undertaken our rigid testing procedure and speaking with many of her existing loyal customers, we really feel that Esther will make an incredible addition to our "family" of talented psychics.

As a special offer, all calls to Esther this month will be half price * to give you the same fabulous experiences!

In the meantime, I wanted to thank you for your loyalty as we continually strive to deliver the most respected psychic experience in the UK.

Love and Light

Lauren

Lauren x



Talk to Esther
today! Call
0800 422 0422
pin 7785

Multi-Gifted

Crystal Clear Psychic **Esther** uses her psychic tools to guide you toward clarity.

Crystal Clear Psychics: *When did you first discover you were psychic?*

Esther: *I have known since I was a child that I was different and gifted - because the ability to see, sense and feel spirit was the world I often lived in. It was only in my thirties when people used the word "psychic" to define what I do.*

CCP: *What are your talents and what do they mean? I.e. Clairvoyant?*

Esther: *I am Clairaudient, which means I am able to hear spirit. I am Clairsentient, which means I am sensitive to feelings, emotions and I feel things and experiences in my Chakras. I am also Clairvoyant, which to me means being able to see beyond the physical realm and beyond the illusion. I also do mediumship which is where I connect with those who have passed over to the other side.*

CCP: *What tools do you use and why? What is their history?*

Esther: *The only tools I use are The Doreen Virtue Cards—usually at the end of a reading, because they always confirm what has been said. I only use these when I feel a client may need further reassurance. Doreen Virtue's cards are her based on her resonance with Angels and the various ways we can communicate through and with them.*

CCP: *One remarkable story from a recent client?*

Esther: *I gave a reading to a Brazilian Dancer who initially was skeptical, and thought it would be a waste of time. She'd had several readings in the past and had not been very impressed. By the time I finished with her, she was shocked! I accurately gave her information about her past, present and future—information no-one else know about. I even told her about several dreams she had been having related to things she wanted to do in the future. She had been feeling very low before the interview and went away uplifted!*

CCP: *Why do you enjoy working for Crystal Clear Psychics?*

Esther: *I particularly enjoy working for Crystal Clear Psychics because of the energy of the company. From the top to the bottom, there is a real genuine sense of caring and wanting to touch lives. It is important when doing this type of work, from my perspective, to be transparent and that people bring heart and soul into what they do, as this will be reflected everywhere—which it clearly does at Crystal Clear Psychics!*

Finding Her Psychic Balance



“People who avoid the brick walls - all power to you, but we all have to hit them sometimes in order to push through to the next level, to evolve.”

Has it really been 20 years since Jennifer Aniston became a household name? She was only 25 when producers cast her as the bubbly young Rachel in *Friends*. Now on the verge of her 45th birthday, she appears to be happier and more centered than ever. “I feel just as youthful now — if not more — than I did when I was 25.” She says in a recent interview with *Parade Magazine*. “I’m more in my body; I’m more in my mind.”

For an Aquarius like Jennifer, occupying both body and mind is often a challenge. Aquarians have such varied interests, and such a propensity to be fascinated, that they sometimes lose touch with the physical as their minds take flight. This tendency was perhaps made stronger by Jennifer’s Moon in Sagittarius, which signifies that emotionally, she is always in search of the next big adventure. With most of her other planets in fire and air signs, Jennifer’s astrological signature lacks the grounding element of earth.

It’s no surprise, then, that she describes her 30s as an awkward decade in which she didn’t really feel like herself. She was young, beautiful, successful, and yet her feet simply couldn’t find the ground. The prevalence

of fire and air in her chart meant that she was always in search of something—but what? Her marriage to Brad Pitt was a fairy-tale in the eyes of many—perhaps even to Jennifer herself—and yet the ending was far from happy. As the relationship between Brad and Angelina became obvious, Jennifer appeared to be the ‘nice girl’ who was left behind for someone more daring and dangerous.

This, ironically, may have been a blessing in disguise. Audiences began to think of Aniston as the nice girl, the underdog—the one you want to cheer for. Her well-received turn in *The Good Girl* therefore made perfect sense, resonating with audiences and critics alike. Her film choices became more deliberate and substantial after the breakup with Brad. Before long, her resumé looked less like that of a fleeting sitcom actress and more like that of a movie star with staying power. Recent hits like *Horrible Bosses* and *Wanderlust* reflect a more mature—and more grounded—personality.

Jennifer’s interest in spirituality and mind-body-spirit practices is well-known, and admittedly has been a key factor in achieving psychic

balance. She was among the early adopters (at least among Hollywood celebrities) of yoga, and is said to practice adamantly. Specifically, she has embraced a practice known as “yogalosophy,” which combines yoga with strength training, and has gone so far as to publicly endorse it. Jennifer has also been influenced by Buddhism, which she finds both calming and inspiring. “I believe in a God.” She says. “I don’t know what it looks like but it’s my god. My own interpretation of the supernatural.”

Perhaps one of the main reasons people are drawn to Jennifer Aniston is that, despite the adversity she has faced in her professional and personal lives, she has continued to look within and keep on trying. Some actresses, if placed in her shoes, would have self-destructed or faded into obscurity. But Jennifer has continued to explore her spirituality, express her creativity, and most importantly, smile. Now, as she enters middle-age, her beauty has become enhanced by worldly experience and spiritual maturity. No wonder she feels younger than ever.



Jennifer’s Aquarian nature has helped her deal with personal and professional setbacks, but she has had to work hard in order to feel truly connected.

Horoscopes • February 2014



Aries

Things heat up quickly—in a good way—between you and someone you've recently met. In fact, conditions for a new relationship don't get much better. On the other hand, if you're already committed, the flurry of interest coming your way will almost certainly make your partner jealous. Shower him or her with affection and they'll be crazy about you. Your work life wants to spread its wings and fly, but first you have to love what you're doing! True passion is the fuel needed for takeoff. When a new spiritual concept grabs your attention, don't hesitate to follow it through.



Taurus

Physical exercise is a winner this month, Taurus. Make yourself sweat and feel the mental tension fading fast. Nights are a great time for socialising and building your network. Keep your phone handy and go for plenty of new digits! Doors open for those who are willing to run up against a wall. A community initiative close to home could use your help; even if it's not your first choice, getting involved will bring good luck. Feel your way into a difficult conversation with a friend; honesty and tact are a heavenly combination.



Gemini

Whatever you do, don't let that enhanced mental power go to waste! You're on a brainwave this month, and your ideas are in demand. Keep those voice recorders and notepads handy, and don't worry about if it sounds silly. At work, be loose and creative in your suggestions—you will earn the confidence of someone important. Where romance is concerned, the term 'online dating' takes on new meaning as dreams and psychic experiences guide you toward a fresh relationship. Look twice, though, as faulty first impressions aren't everything.



Cancer

Dreams really can come true, Cancer, as you'll find out this month! There is a special harmony between your deep desires and the external world. The more conscious you are of your ability to manifest your feelings—be they positive or negative—the stronger your ability to go after what you want and steer clear of what you don't. If you're involved with a romantic partner, it's time to up the ante—business as usual just isn't enough. If you find yourself single and looking, keep a close eye on those everyday encounters.



Leo

It's a good month for surprises! Shake things up with your lover, friends and family. The more joy you put into the lives of those around you, the more good luck you'll see coming your way. This applies to love, career, money, and any other area of life you care to mention. They say it's better to give than to receive, but perhaps giving is the only way to truly get! Your ambitions are nothing to apologise for; if you don't stand behind them, who will? An ex-lover may re-appear toward the end of the month. Have you really moved on?



Virgo

Your routine may be both comfortable and effective, but it's about to be shaken up! Don't despair; go with the flow and follow life's rhythm. Improvisation is more than just randomness; it's the ability to follow your intuition and communicate with Spirit. Your significant other needs a strong show of support from you as their confidence wavers. Help them find their feet and they'll be massaging yours after dark. Apart from a few new wardrobe items, don't worry about changing your look right now. Looking good springs from within.

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Libra

Domestic bliss and career growth are two sides of the same coin! Rather than competing for your energy, these two areas of life can both thrive—if you live in the moment. Take time this month to consider your overall happiness. Pleasing others is not as important as coming from a place of integrity. Before you embark on a new diet or fitness regime, it helps to understand the “ins” and “outs”—jumping in haphazardly will not bring results. Meanwhile, a past love must be addressed before something new can spring up.



Capricorn

True beauty lies within, but superficial changes can sometimes strike deeper chords. How can your outward presentation better reflect your inner growth? Bold moves bring the potential for bold results—consult a close friend for advice, or make an open-ended trip to the salon. Let your feelings guide you. Once you've shaken things up, someone new is bound to take notice. If you're already committed, discuss your needs openly with your partner. The little things have more importance than he or she realises.



Scorpio

It's tempting to try and address your problems head-on, Scorpio, but you won't regret taking some extra time to reflect. Apart from what you yourself can do, circumstances must re-arrange themselves before the best solution can surface. A love relationship has been under the weather due to lack of communication—now is the time to open up and let honesty oxygenate the connection. Following a tiny thread brings about major change. It's all about learning to follow your gut instincts.



Aquarius

With a brand new deal set to move forward, you may feel frustrated when a setback puts the breaks on; but there is a reason for everything, dear Aquarius, and you'll quickly be glad the situation has changed. From here, it's best to wait until next month to finalise any important decisions. Like any good fruit, destiny has its own way of ripening. Be bold and confident if you want to impress your love interest; they'll adore your ability to call the shots and make things happen. If you can spare the time for a quiet and natural getaway, your mind-body-spirit will thank you.



Sagittarius

Your love life takes a psychic turn this month, as a mysterious connection begins to take shape. Don't rush it; things will unfold organically in their own time. As regards a recent financial problem, the advice of a friend is clear and convincing—but what do *you* think? Now is the time to call upon your intuition and stand in your power. When you accept yourself, the whole world accepts you in turn. There will be plenty of interest coming your way if new love is what you're after. Use your heightened powers of articulation to capture the interest of someone special.



Pisces

After a recent string of non-starters, you're ready for a romance with real substance. But how do you find it? Destiny speaks through your immediate surroundings; raise your psychic antennae and be prepared to take a risk. Every stage actor knows that butterflies can work to one's advantage. Meanwhile, your birthday is fast approaching. Organising a party, with the help of a close friend, may be just the thing to refresh your spirit and tune your inner strings. A network of people, whether small or large, widens perspective.

Does the Moon affect your Love Life?



The short answer is yes! The moon is a reflection of the spiritual and emotional forces within us. Always shifting, always changing, it reveals who we are and what we are looking for—especially in the realm of love and romance! In fact, understanding our relationship to the moon is a powerful way to bring us closer to the love relationships we seek.

In Western astrology, the Sun represents who we are in the world, the outward projection of our personality, while the moon governs our emotions, our primal instincts, and our unconscious mind. It represents a feminine energy, and is often personified as a goddess or mother. Our deep intuitive urges—those passionate feelings we can't quite describe—are embodied in the moon. No wonder so many love poems have been penned under the influence of its rays!

SOUL MATES AND THE MOON

When we think about finding a soul mate, we think of someone who “gets us” on a profound emotional level—someone with whom we can share our secrets, hopes and dreams. Like a mother goddess, our soul mate accepts us unconditionally. He or she nurtures and loves us no matter what happens. In other words, when we dream of finding a soul mate, we are tuning in to the energy of the Moon!

It makes sense, then, that the most potent example of astrological synastry (harmony between two birth charts) involves contact between one person's Sun and the other person's Moon, or contact between the two Moons. Carl Jung, the renowned Swiss Psychologist, famously conducted a ‘marriage experiment’ in which he studied the birth charts of over 500 couples. What he found was an unmistakable trend of Sun-Moon contact between partners. To most astrologers, this came as no surprise—it has long been understood that when one person's Moon hits another person's chart in a significant way, there exists a strong possibility of lasting and meaningful romance.

This does not mean that soul mates must always have strong lunar contact in their birth charts. The compatibility between Moon signs

is another important factor. Each of the 24 possible combinations (for example, his Leo Moon combined with your Aquarius Moon, or your Virgo Moon combined with his Sagittarius Moon) presents its own emotional chemistry. It's certainly true that compatibility can take many forms. Nevertheless, in determining whether two people are a perfect match, the Moon is one of the first places any good astrologer will look. Beyond just a physical or intellectual attraction, lunar energy signifies a deep and psychic bond between lovers.

PHASES AND TIDES

A strong initial attraction between two people, including the warm glow of new romance, can often arise from heavenly bodies other than the Moon. Chemistry involving fiery planets, such as the Sun or Mars, will often spark a romance—but what makes it truly last?

The Moon represents tides, phases and mysterious rhythms. As you settle into the reality of living and breathing with another person, you begin to feel ‘in sync’ with them—or perhaps not! If your emotional needs and expressions flow harmoniously as time goes on, you can bet that your lunar energies are connected. If, on the other hand, you find yourself drawing a complete blank as to what your partner is thinking or feeling, then this lunar connection is missing in some way.

PULLING IT ALL TOGETHER

The good news is, even if you and your partner do not seem connected on a deep psychic level, it's possible to strengthen this connection by studying and understanding your Moon chemistry. Books, astrologers, and psychics can offer key insights into the magic and mystery of the Moon, and how it relates to your love life. Simply being aware of the Moon's phase, and gazing up at the Moon whenever possible, further helps to strengthen your awareness and understanding of its incredible influence. When the hidden dynamics of the Moon are understood, then lasting love with a committed partner becomes less of a dream and more of a reality.

**Searching for Love?
Our Psychics can help.**



You Can Change Your Luck

It may seem like some people get all the breaks, while others are left out in the cold—but recent research shows that luck is not really out of our hands.

Dr Richard Wiseman, professor and psychologist at the University of Hertfordshire, interviewed people who felt they were unusually lucky or unlucky. He gave both groups of people a newspaper, and asked them to note how many photographs were inside. Inside the newspaper, he had placed a large message which read: 'Tell the experimenter you have seen this and win £250.' This message took up half the page and was written in type more than two inches high. It was staring everyone in the face, but the unlucky people tended to miss it and the lucky people tended to spot it!

Dr Wiseman's conclusion was that people's thoughts and behaviour are responsible for much of their good or bad fortune. So what does this mean? If luck is a reflection of our psychic state, how can we actually become luckier? The first step is to deepen our understanding of how luck works on a psychic level.

Anxiety and Self-fulfilling prophecies

Unlucky people are generally more tense than lucky people, and this anxiety disrupts their ability to notice the unexpected. They miss opportunities because they are too focused on looking for something else! For example, an unlucky person might go to a party intent on finding their soul mate, and in meantime they miss opportunities to make good friends. Such a person might look through newspapers determined to find certain types of job advertisements, and therefore miss an unexpected opening. Rigid expectations, and an unwillingness to 'go with the flow,' strengthen the sense of being unlucky.

Lucky people, by contrast, are more relaxed and open. They tend to see what is in front of them, even if it isn't exactly what they were looking for. Dr Wiseman's research found that lucky people generate good fortune via four principles: 1) Skilled at creating and noticing chance opportunities; 2) Make lucky decisions by listening to their intuition; 3) Create self-fulfilling prophesies via positive expectations; 4) Adopt a resilient attitude that transforms bad luck into good.

Blessings in disguise

Everyone experiences bad luck at some point during their lives. However, these seemingly unlucky events often have an uncanny way of working out for the best in the long run. When bad things happen, spend a few moments thinking about how the event might be a blessing in disguise, and how you can make good luck flow from your apparent ill-fortune. Luck is all in how you look at it!

TOP TIPS

for improving your luck



Listen to your gut instincts. They will normally bring you good luck



Be open to new experiences and breaking your normal routine



Spend a few moments each day remembering what went well



Visualise being lucky before an important meeting or phone call

Want to go further?

Our talented psychics are waiting right now!



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PSYCHICS



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