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March 2017

Crystal Clear

P S Y C H I C S

Psychic
Spring
Cleaning

Gemstones
of March

Chris
Martin

psychic readings

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FEATURED PSYCHIC

Gail



FROM THE **EDITOR**

Nothing is more powerful than a new beginning, a fresh chance at life, a point of view you've never considered before. That's what the month of March is all about. The inward-turning energy of Winter begins to flow outward, and the whole world begins to wake up from its long sleep.

In tune with this natural change, our inner lives are full of new possibilities. Our spirits become more active, and many people experience new psychic impressions as nature shifts toward its most promising, live-affirming phase. What changes are possible in our lives during this powerful season? The sky is the limit.

Few musical stars are shining as brightly as Chris Martin, and he shows no signs of fading anytime soon. Despite personal setbacks, this enigmatic frontman continues to establish his legacy as an influential force in rock history. But what's behind it, from a psychic point of view? Our psychics take a closer look.

We also explore the rich history of gemstones associated with the month of March, and offer valuable insights into psychic spring cleaning. Our team is honoured to help you find your new beginning in 2017, and we're grateful for your continued trust in our talented psychics and mediums.

Love and Light,

Lauren X

WHEN DID YOU **FIRST DISCOVER** THAT YOU WERE PSYCHIC?

I had just completed my Reiki level two when I began to experience psychic impressions during treatments. Looking back, I realise I have been psychic most of my life, but I was tuned out, especially as I joined the forces at 17. Later, after moving to Wales, my next door neighbour introduced me to a weekly meditation and development group. When I started to listen to my feelings, trusted and learnt to follow the guidance, my life began to flow more easily. I stopped resisting it. My work took me into many healing and complementary health modalities as well as personal development.

WHAT ARE YOUR **PSYCHIC TALENTS**?

When I was in my early 40s, I went to a Diana Cooper workshop on Guardian Angels. This had a profound impact on me. I discovered my angel's name was Joseph, and started to develop a deeper connection. I later discovered how angel cards could help me tap in and obtain answers for friends. Eventually I took a recognised course. My psychic information, which primarily comes through clair-sentience and clair-cognitance, gives mental pictures and a knowingness about a situation or person.

Doreen Virtue in The Light Worker's Way describes psychics as having one or two channels in which they are naturally gifted. Receiving psychic impressions as pictures is clairvoyance. Clair-sentience is for those who get their information as hunches, emotions, smells and physical sensations. Those who are clairaudient receive psychic impressions as sounds or voices. Finally, people who are highly cognitive or thinking orientated are called clair-cognitant or clear thinking. They receive psychic information as complete ideas. They know information without knowing how they know.

WHAT **PSYCHIC TOOLS** DO YOU USE?

I enjoy working with individual clients to bring inspiration and assistance, especially in the area of career and life purpose. I have a variety of angel deck cards, and I intuitively connect to the voice of the caller



to know which oracles to use for individual situations or questions. I also call on my skills as an empathic energy healer and spiritual intuitive. I am passionate about being a channel of clear intent. I always set the intention for the best outcome of each caller to give them honest and appropriate answers. I believe we can change our energy and heal our situations. Occasionally, I offer simple tips and advice such as space clearing and flower essences which are vibrational energy, information in a reading. These useful tools are powerful for assisting simple positive changes to an individual's life.

CAN YOU TELL US **ONE REMARKABLE STORY** FROM A RECENT CLIENT?

I have had quite a number. The most recent was a lady who felt I had helped her the way forward in her business future endeavours. She was so happy and remarked I was the perfect reader for her that day!

WHAT DO YOU LIKE ABOUT **READING FOR CRYSTAL CLEAR PSYCHICS**?

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Chris Martin



When interviewed by American radio personality Howard Stern about the inception of song *Yellow*, Chris Martin describes a process that was more intuitive than anything. He was uncertain about the line “they were all yellow” and didn’t know what it was supposed to mean. But it sounded right. “It was feeling more than a meaning,” he said.

It was less than four years from the time Chris Martin met his first bandmate, guitarist Jonny Buckland, to the time *Coldplay* released its debut album. But even if that album had been eight years in the making, or twenty years, Chris could not have been prepared for the rush of success to follow. When *Parachutes* hit shelves, people snatched it up. The album quickly went to number one in the UK and reached strong positions on charts around the globe, including the U.S. and Australia. Radio stations were particularly obsessed with *Yellow*, that signature song that came to Martin like a bolt from the blue.

But all the success in the world, including a seemingly storybook marriage to an A-list Hollywood actress, did not added up to a fairy tale ending for Chris Martin. He will be the first to tell you that life remains a challenge. But the music has endured, and Chris Martin remains one of the most celebrated frontmen in modern music history. Did all of this happen by accident? What spiritual energies were behind it?

As a Pisces in the Chinese Year of the Snake (2nd March, 1977), Chris had a double-dose of intuitive power from the start. Pisces is known as the watery, inward-turning sign of the zodiac, while Snake is among the most intuitive animals in Chinese lore. Pisces and Snake are a potent combination for an artist, since the best creative work bubbles up from a deep and mysterious place. Martin also had a music teacher for a mother, which gave him early and constant exposure to music, and to the nuts and bolts of how it gets made.

But Chris wasn’t a musical prodigy. His early years were not characterised by any thundering certainty that being a musician was the only life for him. Even if his deeper self knew what was coming, he would have felt the need for a deeper context and understanding of the world before sharing his talents. After attending a prep school, Chris enrolled in University College London. His areas of focus were Greek, Latin, and Ancient World Studies—suitable for the Snake, which is always hungry for knowledge and willing to undertake difficult scholarly tasks.

Lo and behold, when we look for Chris’s natal moon placement—arguably the second most important astrological component in Western astrology—we find it in Leo. This star studded sign loves the stage, and endows its natives with an electric presence. Chris’s Leo moon shows that he derives a very deep and emotional satisfaction from the adoration of audiences, and explains why he seems to love performing so much. The power to move audiences with his voice ignites a fire deep in his soul, but it’s more than ego or narcissism. Emotional connection is what Pisces and Snake is all about, and when Chris Martin stands before an audience, he seeks to establish a heartfelt connection to everyone in the room. That’s a big part of the reason why people love *Coldplay*. The songs come from a romantic and sensitive place, yet retain a clear power and strength that gets through to audiences who have seemingly heard it all before.

Both Snake and Pisces often prefer a quieter approach to life. Obviously, Chris Martin chose to give his Leo moon credence in this respect. But he’s still a Pisces, and prone to burnout and excessive levels of stress. Indeed, as the pressure mounted on *Coldplay*, Chris admits that drugs and drink found their way into the picture. The highly-publicised divorce from Gwyneth Paltrow is also something he still struggles with, according to recent interviews. But Chris Martin represents an incredible combination of emotional and worldly energies. He will always find a way to transform his troubles into musical moments that capture hearts around the world.

March Horoscopes

Check out today's horoscopes at crystalclearpsychics.co.uk/horoscopes.html



Aries

This month is going to have a very big sense of freshness for you. All sorts of new beginnings are possible, and any plans that are already in motion, well you're going to want to see some tangible results from the 10th onwards. However, Venus in your sign does rewind from the 4th, and with Jupiter also retrograde all month in your sector of relationships, avoid taking love for granted.



Cancer

Your expectations around situations are set to get much greater. All of this can be informed by some exciting conversations you have at the start of the month. The planets link together beautifully to give you much greater drive and confidence in your worldly interactions. The New Moon of the 28th can be a trigger for greater success or some kind of major breakthrough.



Taurus

With Mars powering into your sign on the 10th, this is going to give you a wonderful boost of confidence and vitality. Yet there can be a sense of clearing up a lot of loose ends throughout March, but the Full Moon on the 12th suggests that you should try to be as practical as possible when deciding on anything to do with your love life or social interactions with others.



Leo

A crucial piece of information can be important to how you feel around your love life. Communications generally, amongst us all, could get slightly sloppy this month, and without such a clear edge it may be possible to misunderstand somebody's motives, or even your own. Later in the month, creating any kind of adventure and new experiences can really appeal to you.



Gemini

There could be some confusion around your role in life or work situation early in the month, and the potency of last month's Solar Eclipse is still very powerful. Things can be somewhat fluid, however what you can define will be very useful, is linking with others and facing your past could be important in this regard. Things will really blossom from mid-month however.



Virgo

The Full Moon in your zodiac sign on the 12th forges a very positive angle to the planet of good fortune, Jupiter. A positive partnership could help you to make the most of this. With Neptune combining with the Sun in the early days of March, apply a healthy dose of realism to any relationship hopes. Exciting new plans can however take hold from the 10th. Will you get fitter?



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Libra

It is possible to be too self-sacrificing and this can be particularly so all through this month. Mind, in relationships where there is genuine give-and-take, this can be a month of very positive developments. Your listening skills particularly come to the fore from the 14th. Singleton? Someone you meet in the last half of March can have a long-term impact upon you, Libra.



Capricorn

Your ideas can be very fluid this month, whether it is about more personal aspirations or home and family considerations. If you hope to make some improvements to where you live, there is the potential for some delays. Also be mindful to have realistic expectations, for you could find yourself going over budget. A new hobby can however grip you from the 10th.



Scorpio

Early in the month you can find yourself feeling very idealistic about your hopes, and if life seems a little bit too workaday, you can find your mind turning to more exciting possibilities. With your traditional ruler moving on March the 10th, this can give you the impetus to reach out to others or interact with more confidence. But getting the detail of things right will be crucial.



Aquarius

There could be a sense of drift around financial issues, and if you're finding it difficult to get hard and fast answers, do be persistent, and especially around the Full Moon of the 12th. Despite this, March is a month when your natural penchant for communication can see you absolutely dazzle - if you put your mind to it. Greater interaction with neighbours is also possible, Aquarius.



Sagittarius

Home, family and emotional life will all require a great deal of sensitivity as this month begins. However, any changes or schemes you deploy in the last week of the month can work out really well. There will be plenty of opportunities to also engage in more sociable pursuits. The New Moon of the 28th of March can also see you re-energised and outward looking, Archer.



Pisces

Last month's Solar Eclipse in your sign continues to dominate the heavens. Your creativity and imagination are going to be very much to the fore, and people can be receptive to what you have to say. Financially, this is not a time to be too careless with your expenditure, and as long as you're careful, there is a good chance you can add to your nest egg, especially as the month ends.

Psychic Spring Cleaning



New Year's resolutions are made in the cold of winter, and are often lost in the shuffle. The holiday festivities leave us struggling to catch up, and colder weather makes it difficult to put new plans into action. In some respects, new beginnings are much more likely when winter begins to loosen its grip. Fresh hope and inspiration come riding in on the warm Spring breezes. The accumulation of winter begins to dissipate.

Cleaning house during this time of year is the most natural thing in the world. Our dwellings accumulate dust and grime, having been sealed against the elements for months on end. Unneeded materials and possessions have stacked up in our closets and filled our drawers. The energy of the past year is still with us, and the time has come to purge.

Taking the idea of spring cleaning and extending it into our psychic lives is also a natural thing to do. We can look to various myths of renewal and rebirth for context. There is the Jewish tradition of throwing out all the old grains before Passover in April. There are the Vesnas of Slavic lore—goddesses of springtime and fertility who brought new life to the world in the month of March. There is deep and storied global symbolism of hares, the moon, painted eggs and other magical symbols of renewed life. There is the vernal equinox itself, in which day becomes longer than night. And the earth itself, of course, is full of vibrant green color and life once again.

Many people find it useful to enter a period of fasting or internal cleansing during March. Indeed, various forms of physical detox can trigger powerful psychic cleansing at the same time. Setting up a simple equinox ritual can also have wonderful spiritual effects. For example, you can create a springtime altar with flowers and fresh fruits, focus

your attention on the warming energy of the sunrise, and take a ritual cleansing bath. You can sit quietly and examine your inner landscape for leftover guilt, shame, or discomfort that linger in your psyche. You can set the intention to release them as everything begins anew.

Relationships are also an important part of psychic spring cleaning. Maybe it's releasing an old flame you've been holding on to, or acknowledging a long-standing dispute with an old friend and taking steps to settle it. Our psychic lives are intrinsically social and connected to the world around us. Dysfunctional dynamics have untold effects on spiritual health, even if we don't realize it consciously. By straightening out our relationships, we free up more energy for new growth and life.

There's no doubt that physical or material cleansing carries over into the psychic and spiritual realm. That's why we feel so refreshed and revitalized when the job is done. Buddhist monks have been adamant cleaners and sweepers for thousands of years. They know very well how cleaning the external world can tidy up the mind and spirit. They also know the power of inner, psychic cleaning and how the two are intimately related. Our action in the external world are merely a reflection of what's inside.

Few things in life are as satisfying as flinging open all the doors and windows, rolling up your sleeves, and getting rid of all that unneeded past energy. Upon finishing, the entire home feels new, ready for the warmer and lighter season ahead. With a little extra effort, the spirit and psyche can feel that way too.



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GEMSTONES OF MARCH

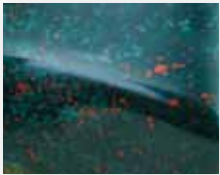
THERE ARE AT LEAST FIVE, EACH WITH ITS OWN HISTORY AND PSYCHIC POWERS.

Jade



If we turn our attention to ancient Tibet, we find another birthstone for March: The distinct and mystical green Jade. The properties of this stone are widely known and revered. In ancient China, Jade was among the most beneficial and fortunate gemstones to be found on earth, and it had various spiritual powers depending on the nature of the carving and the context of use. Even today, Jade is seen as a powerful gemstone in China. Many other ancient cultures used Jade to communicate with the spirit world and interpret dreams. It's also considered a powerful amulet for long life and relationships that endure.

Bloodstone



Before Aquamarine became the official March birthstone, the honour belonged to Bloodstone (also called heliotrope). A whole litany of cultures, from Hindu to Hebrew, recognized Bloodstone as the special stone of March. With its stunning green surface offset by flecks of red, it was said to have mystical benefits of strength and courage. It could ground and protect its bearer in difficult situations. As such, it was favored by ancient warriors and athletic performers. Bloodstone was closely associated with the sign of Aries, which of course begins in late March and has close ties to Mars, fire, and the removal of obstacles.

Jasper



Jasper is another gemstone associated with March, and it has an interesting relationship to Bloodstone. The flecks of red in Bloodstone are often composed of Jasper, while the psychic qualities of Jasper are much less "war-like." This is a stone with a very calming and relaxing vibration. Many specimens resemble impressionist nature paintings, and spirit guardians can sometimes be seen in pieces of Jasper. For relaxation and nurturing, it's an excellent stone. It also has distinct properties of good luck, and was used by certain Native American tribes during rainmaking rituals.

Gold Siva Linga



If you want the traditional Hindu birthstone for March, you'll need to get your hands on a Gold Siva Linga. A linga or lingam is a psychically powerful phallic symbol used to worship the god Shiva. In this case, it's not actually gold, but a variety of Jasper with a fleshy or golden color, and streaks of brown. This is a naturally shaped object, never cut or carved, and it's never worn as jewelry but rather used as an idol for ritual worship. But if you're up for bringing a Gold Siva Linga into your life, it can certainly activate powerful psychic channels with deep roots in ancient India.

Aquamarine



Aquamarine is the most mainstream March birthstone, having replaced Bloodstone in the 1950s. It's deeply Piscean in nature, embodying the very nature and spirit of the sea. The ancients believed that Aquamarine was a treasure guarded by mermaids. As such, it brought good luck and protection to sailors and people undertaking long journeys by sea. The name is derived from a Latin phrase, aqua marinus, which means sea water. This is truly a powerful stone for opening psychic channels, or simply making a relationship more transparent. Like the sea itself, Aquamarine also has close energetic ties to the moon.



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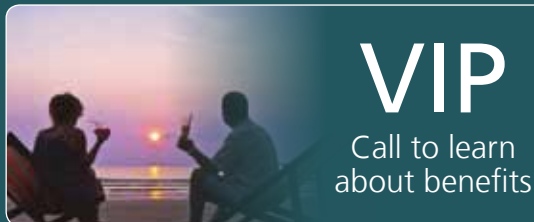
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