

May 2015

# Crystal Clear

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# Sapphire

## From the editor

Just as the plants and flowers push up through the soil, so our spirits yearn to explore and expand. We've kept this in mind for the May issue, with hopes of bringing more inspiration to your life!

As you've seen on the cover, we're exploring the psychic nature of one of the world's most recognisable faces. David Beckham may have retired from football, but his star continues to shine as he turns 40 this month. We look at the different traits that shaped his career, and explore possibilities of where the future leads for him.

We also explore the search for love and romance during different phases of life. Finding a meaningful relationship is something that can happen at any age—so if you're single, you'll find unique insight into how love approaches at your age.

We discuss the language of spirit, and how we can use it to find meaningful guidance in everyday life. Spirit communicates in a number of different ways, and some of them are difficult to see if we don't look carefully.

Our featured reader this month is Sapphire, a psychic who uses Tarot cards to augment and focus her gifts. Clients have been saying wonderful things about the practical insight that comes from this reader's friendly, mystical approach!

So keep in touch with us during these exciting Spring months. It's only because of you that we can call ourselves the respected psychic service in the UK!

Love and Light,

Lauren X



WHEN DID YOU FIRST DISCOVER THAT YOU WERE PSYCHIC?

*As a child I had an invisible friend who told me stories which always seemed to come true; like getting picked for a school play for example. But as I got older, my parents told me that big girls don't have invisible playmates. Out of fear of being different, I "put my friend away" and ignored her. Years later, during a spiritual retreat, I was able to reconnect with what I now know to be my guardian angel who often leads me through my psychic readings.*

WHAT ARE YOUR TALENTS AND WHAT DO THEY MEAN?

*I am a tarot reader which, for me, means being a clairvoyant and clairsentient. The cards are like a bridge to my psychic ability which is also connected to my guardian angel. Being clairvoyant, I am able to find images of events and situations which require significant attention and action.*

WHAT TOOLS DO YOU USE AND WHY? WHAT IS THEIR HISTORY?

*I use an old Rider Waite Tarot deck which was a gift from my mother many years ago as I was first developing my talent. I find the Tarot are excellent to assist us in seeing patterns of behaviour and assessing which courses of action to follow. As such, I often caution that the cards do not like to give one word answers and an entire spread is most helpful.*

ONE REMARKABLE STORY FROM A RECENT CLIENT?

*This past May, one of my longtime regular clients completed her Masters Degree in economics. Three years ago, she came to me searching for her next course of action following her employers' downsizing which resulted in a lay off after many years of employment. She is now teaching part time at our local community college and is happier than ever as she mentors many young people.*

WHY DO YOU ENJOY WORKING FOR CRYSTAL CLEAR PSYCHICS?

*I love the professionalism of all the staff and readers here at Crystal Clear Psychics. The support staff and management team really care about the clients and the reader. It was such a welcoming environment for me. Since I live in a very small town in Ontario, this collaboration has allowed me to be of assistance to many more people and enjoy people throughout the global village.*

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David Beckham's retirement feels like the end of an era. He played in three world cups, was a member of six professional clubs, and won league titles in England, Spain, France, and the United States. Beyond that, he became an emblem for the sport and arguably its most recognisable name. Looking back on his illustrious career, it's hard to believe his birthday cake will only have 40 candles this month.

It's also hard to believe that Beckham's rise to prominence in the world of football—and the worldwide celebrity that followed—was a simple matter of luck. Could it be that this humble Londoner had a push from Spirit? What can his astrological signature tell us about the soaring trajectory of his career?

David Robert Joseph Beckham was born on the 2nd of May in the year 1975, which makes him a Taurus in the Chinese year of the Rabbit. As is the case with most athletes of his stature, he didn't waste time getting out onto the pitch. When schoolteachers asked young David what wanted to do with his life, his reply was never anything but "I want to be footballer!"

This was an early clue that David's Taurus nature would serve him well. The bull is notoriously stubborn, and when its mind is made up, almost nothing can break its resolve. Taurus is a sensitive sign, and not impervious to criticism—but a deep reserve of inner strength allows it to carry on and further its agenda.

Indeed, Beckham's rise through the youth talent leagues was steady and

sure, with splashes of good luck to boot. He would have also found help in his Capricorn moon, which gives emotional tenacity and thick skin. Landing in Manchester United's youth program at the age of 15 was a dream come true for David, as he grew up supporting the Manchester side along with his parents. Two years later, at the age of 17, he took the pitch as a member of United's premier league team. Ten years after that, at age 27, he took the pitch as England's captain in the 2002 World Cup.

David's style on the pitch gives further insight into his Taurus and Rabbit natures, and how they affect his psychic nature. Rabbits are bounding, mercurial creatures who can be difficult to catch. They are graceful and sometimes hypnotic—traits that can manifest both physically and mentally. Michael Jordan, Tiger Woods and Maria Sharapova are other examples of world class athletes born in the year of the Rabbit. Add this to the strength and power of the bull, and you have a footballer to be reckoned with.

So how did this characteristics shape David off the pitch? What sets him apart from other athletes, and puts him squarely in the company of movie stars and supermodels?

Both Taurus and Rabbit are given over to looking good and living well. They like to be impeccably dressed and presented, and their sense of style is always changing. Having graced the cover of countless men's fashion magazines over the years, David is clearly a prime example. His chiseled

good looks and elegant grooming habits secured deals with fashion houses, while his marriage to Victoria Adams in 1999 took him further into the global spotlight.

Of course, it's not all roses for David. His career was often embattled due to the stubbornness of Taurus and pessimistic streak in the Rabbit. There were contract disputes, tension with fans, and scuffles with other players. At times he was subject to scathing criticism from the media. But despite the ups and downs, and the constant tabloid scrutiny, David maintains that he just wants to be seen as someone who loves football. Upon his retirement, he told Sky Sports News, "I just want people to see me as a hard-working footballer. Someone that's passionate about the game."

David's psychic nature should serve him well in retirement. Taurus is among the most sensual signs, and loves to enjoy the fruits of hard labour. It's also among the most devoted to family and children—and if David's tattoos are any indication, his wife and sons are at the centre of his life. But the wily and ambitious energies at play in this captivating figure—especially those of Rabbit—will not be content to sit back and relax from here on out. David is part-owner of a new American soccer team in Miami, with play scheduled to begin around 2017. He's also active in charity work, and remains a marketable icon in fashion. Could he wind up in a Hollywood film or two? If his career trajectory is anything like that of his free kicks, anything could happen.

# Horoscopes May 2015



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## Aries

Finding ways to increase your income can be rewarding if it adds to a feeling of security or helps you pay the bills on time. What starts small could become a regular way of earning cash while also easing anxiety. Later, Mercury's rewind phase from May 19th can inspire ideas that might help resolve an edgy problem.



## Cancer

Venus glides into Cancer and may be the reason you feel a natural urge to network and make new friends. However, it also pays to watch your dreams, as doing so can bring exciting ideas and solutions to those niggling problems. Plus, you're entering a more restful phase when a chance to reflect could be a restorative.



## Taurus

Relationships get off to a passionate start with a Full Moon on May 4th, enhancing feelings while encouraging you to share. Clearing the air can pave the way for an upbeat month that includes many delightful romantic options. Meanwhile, the New Moon on May 18th could be a perfect time for taking on a challenge or goal.



## Leo

Investing time in your social life can be good for you, as your natural warmth attracts people who may be keen to play a part in your plans. Mutual give and take seems especially rewarding over the weeks ahead, with a possibility that someone from the past might make a re-appearance and prove to be equally supportive.



## Gemini

You'll be ready for action once Mars hikes into your sign, enhancing motivation and charisma. Stay tuned to your intuition too, as you may find paying attention to a hunch saves you time and resources. On another note, reconnecting with a skill from the past could bring new and unexpected opportunities your way.



## Virgo

Although you might experience one or two obstacles, they may be self-imposed and be down to disappointments or upsets from the past. The more you're willing to acknowledge these and put them behind you, the easier success can come to you. Where one major goal is concerned though, patience could be needed.

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## Libra

Don't overreact by splurging around May 4th when the Full Moon might blow feelings out of proportion. Instead, look at the facts and you'll likely spot ways in which you can save up for something that's really worth waiting for. Later, give in to a desire to travel, explore or study as it might lead to bigger and better things.



## Capricorn

Venus's presence adds a touch of sweetness to your love life, bringing romantic options your way. In addition, a lively influence might see you increasing your daily workout, leaving you feeling energised and ready to forge ahead. Patience might be needed at work or when dealing with a big challenge, though!



## Scorpio

The Full Moon might make you aware of emotions you thought you'd dealt with. If some of them surprise you, the first week of May brings a chance to resolve relationship problems and feel better for having done so. Money matters require extra care from May 19th. Even so, you could come out the winner with a careful plan.



## Aquarius

Fun and pleasure are amped up as Mars moves into Gemini, encouraging a competitive approach to sports, hobbies and even romance. However, this might only encourage you to try harder. This month also brings an opportunity to liaise with others and to pool resources and skills concerning an idea that might benefit the community.



## Sagittarius

Be sure to get adequate rest at the start of the month. Also, consider overhauling your routines to make the most of your days as well as to enhance your health and well-being. Later, the Sun's move into Gemini puts relationships and socializing firmly on the agenda. You might even benefit from looking up an old friend.



## Pisces

Homely delights await you, as a lively influence encourages you to get your place shipshape. Clearing out and generally de-cluttering can give you more room and perhaps earn you extra cash if you're willing to sell unwanted items. There's also a chance of romance as Venus encourages you to explore soulful dating options.

# FIND LOVE AT ANY AGE



20s

This is the Wild West of relationships. You are waking up to yourself and the world at large. Everything is bursting with possibility. As the process of self-discovery accelerates, you find yourself in a state of psychic flux.

Your love life is often a reflection of this. One minute you're enveloped in a burst of passion, and the next you can't remember why you were so fascinated. This is a natural, inevitable process. Through trial and error, you are coming to grips with what you really want out of a relationship. The important thing is that you follow your intuition, listen to your heart, and act with bravado. Those who date a variety of different types have the best chance of hitting the jackpot. As long as you trust the logic of love, and continue the work of self-discovery, you and your soul mate are coming closer together.

30s

In this decade, you tend to lose the feeling that you have all the time in the world. Marriage, children, and the meaning of life suddenly figure into your calculations. Why haven't you found your soul mate yet?

Are you trying hard enough? Trying too hard is more like it! Finding love in your 30s is all about keeping your wits about you. Whatever events have transpired in your 20s (even the ones you'd rather forget), you've learned more about yourself. The most important thing is to keep evolving spiritually. When you find yourself panicking or putting too much pressure on your quest for romance, come back to your own spiritual and psychic growth. Gifted psychics can be a big help during this decade. Remember—the feeling that time is running out is an illusion. You and your soul mate are already connected on a spiritual level.

40s

You've probably been through a long-term relationship or two. You're wiser, stronger, and clearer than ever about what does and doesn't work. Shouldn't this make it easy

to finally land 'the big one'? Well, yes and no. Your past relationships may be lingering in your psyche, affecting the way you view potential lovers. You may be too quick to enter a relationship, for fear of continuing on alone. You may also be carrying the past in your physical appearance! Being a magnet for red-hot romance in your 40s is a question of clearing space, bringing in fresh inspiration, and being open to the unexpected. Yoga and meditation can give you the perspective you need to avoid jumping in too quickly. A change in diet can give you the physical radiance you need to restore confidence. The key is to highlight the wisdom you've gained, while doing away with negative thinking.

50s

Think your dating days are over? Think your chances of finding a soul mate have lapsed? Think again! You're just as likely to make the connection you've always wanted in your

50s. The difference is, you probably aren't interested in the old ways of meeting new people. A bar or club may be the last place you want to go. You may also find yourself fully engaged in your career, with precious little time to spare for chasing romance. Being practical can go a long way in this decade. Make lists, set goals, and work on your love life every day. Online dating has high success rates amongst people in their 50s. Lightening is also known to strike at volunteer or hobby groups. Focus on doing what makes you happy, and have the adventures you've always wanted to have. Chances are, your soul mate will appear when you are feeling joyful.

60+

You've been around the block now—you may even have had a spouse pass on to the other side. Meeting new people is a different kettle of fish, and you find yourself wondering, 'where do I begin?' Now more than ever, trying new things and following your passion is the way to go. How about enrolling in a night class? What about splurging on that dream vacation, rather than holding off for the 'perfect time'? If you want something extraordinary, find ways to leave the ordinary behind. New love is inherently youthful and fresh,

no matter how old you are. It's just a matter of tuning in to that vibration and being open. Don't be afraid to lean on others for support. One of our gifted psychics can help you find the inspiration you need. Even at this age, falling in love is going to be a new experience. It won't be like any relationship you've had before. So hold your breath, jump in, and get ready for an adventure!

Looking for a **psychic inspiration?**



# LEARNING THE LANGUAGE OF SPIRIT

Imagine yourself in 19th century, attending a psychic seance. Someone you know, a wealthy young banker perhaps, has hired a well-known psychic and invited a handful of friends. After a leisurely hour of drinks, the big moment arrives. Out comes the crystal ball. The psychic explains that she will now make contact with any departed souls who happen be in the room. Everyone leans in with anticipation.

Suddenly, the psychic puts away the crystal ball and says that with a little practice, anybody can learn the language of spirit. She speaks of subtle hints in daily life that can guide us and bring more happiness into our lives. Chances are, your 19th century banker friend will want his money back.

And yet, as the 21st century progresses, science itself is beginning to validate what what psychics across the world have known for a long time: That the language of Spirit is not always what we think it is or should be. In other words, Spirit doesn't necessarily appear with a human face, or speak with a human voice. In fact, the vast majority of its messages are embedded in the psychic strata around us.

So why do so many of these messages go unheard? One of the main reasons is the persistent idea that Spirit exists in a different or "other" dimension to that of everyday reality. While this is true in a superficial sense, the spiritual dimension is not really separate or "other" at all. In fact, it is closely intertwined with the place we call ordinary reality. What happens here produces effects in the spiritual world, and vice versa. Sages throughout history have described the cosmos as a rich, dynamic interplay of connections.

To perceive this interplay is to speak the language of spirit. It requires a certain amount of effort at first, but as with any language, it grows easier with time. Here are some of the most common ways in which Spirit communicates with us.

## Synchronicity

The basic laws of physics say that energy cannot be created or destroyed. It can, however, change form—and does so constantly. Modern theories of physics are now expounding on that law, indicating that thoughts and perceptions are themselves energy. They have roots in the past, and send ripples into the future. In short, they are connected to everything!

When this is understood, synchronicity makes quite a bit more sense. The best way of describing synchronicity is to

give an example. Carl Jung, who pioneered the Western understanding of synchronicity, once had a troubled patient who didn't seem to be making progress. She came into his office one day and described a dream in which someone offered her a golden scarab. At that moment, a scarab beetle flew into the room. This event shocked the patient, effectively clearing a psychic blockage and connecting her to Spirit. After the incident, her treatment reached new levels.

Synchronicities like this are among purest communications from Spirit. They are events or perceptions that open a window to non-linear space and time. If we're not open to such events in our lives, they'll pass by without our noticing. But when we catch them, they can offer enormous insight into our current challenges—and our ultimate identities as spiritual beings—or as Jung put it, "the eternal presence of the one creative act."

## Power Symbols, Divination and Psychic Perceptions

Power symbols are another method of Spirit language that speak to us on a level beyond the rational mind. When we look at a symbol such as the Sanskrit "Aum," the Christian or Celtic cross, or the Chinese Yin Yang, we go beyond the hustle and bustle of ordinary life, and connect with the realm of dreams and spirits. The use of symbols through history as a tool of meditation and spiritual growth is not unfounded.

Divination is a means of evoking communication with Spirit using certain tools. Tarot, I Ching, and readings from a talented psychic practitioner are all means of divination. Someone who is practiced in divination has developed strong synchronistic connections with specific tools, which allow them to hear the language of spirit on a more voluntary basis.

Direct psychic perceptions also bear mentioning. While Spirit often communicates in subtle ways, it does sometimes speak loud and clear. Examples include vivid dreams of people who have passed over, or strong experiences of clairvoyance, clairaudience or clairsentience. While some people are gifted with enhanced psychic abilities, anyone can develop them with practice.

The more we open ourselves up to the multi-faceted language of Spirit, the more we share in the mysterious and wonderful interconnectedness all around us. It may show us incredible things, but it's definitely no parlour trick!

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