

# Crystal Clear

P S Y C H I C S

THE  
EMERALD  
ENIGMA

SECRETS OF THE  
I CHING

ON THE  
VIBE

WITH PSYCHIC ANNE

THE RISE OF  
SAM  
SMITH

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## FROM THE *EDITOR*

May is a month of freshness, inspiration and new life. All of us here Star Temple are passionate about bringing that energy into the lives of every client, through every reading. We believe that every spirit has a unique purpose, and that every spirit can be nurtured by the right guidance and insight.

Speaking of guidance, Sam Smith turns 24 this month, and has already made an amazing impact on the world of music. Some might say it's a combination of luck and talent—but if we view Sam's life through the lens of astrology and psychic profiling, we see the hand of spirit at work in his transformation from struggling singer to household name.

Next, we look at the ancient Chinese book of changes—I Ching—and give you the keys to make this extraordinary tool available to you whenever you need it. We also take a close look at May's birthstone—the deeply transformative Emerald—and explore its psychic properties.

Look to your monthly horoscopes for expert insight into what's happening now. We know it's going to be an inspiring month, and our goal is to heighten your level of inspiration and personal growth. Thank you for making us the UK's most respected psychic network!

Love and Light,

Lauren X

# On the Vibe Anne



## WHEN DID YOU FIRST DISCOVER YOUR PSYCHIC TALENTS?

*Some forty years ago I had a string of dreams over the course of two weeks, and the dreamt events happened in real life after each dream. At the time, I was afraid to speak of them for fear people would ridicule me. However, soon after I embraced these abilities and began studying the Tarot and providing readings to many "skeptics" who returned for more. I still use the same deck of cards to supplement my psychic and emphatic intuition and offer guidance to seekers.*

## WHAT ARE YOUR TALENTS?

*My first psychic experiences with prophetic dreams, indicated my precognitive abilities to gain information and read about possible future outcomes. I have since recognized and developed my clairvoyant and clairaudient capacities. This means I can see and hear peoples' auras and surrounding energies and divine insights into their situations. My keen listening abilities, deep sensitivities and empathetic intuition are essential attributes that elevate my psychic capacities and allow me to provide helpful and empowering insights and guidance to clients.*

## WHAT TOOLS DO YOU USE AND WHAT ARE THEIR HISTORIES?

*When I start a reading I first ask a few questions of the seeker. This helps me to pick up on his/her energies and aura. I then turn to the angels and my angel cards, asking that both I and the seeker be given clarity through the reading process. I generally pick one or two of these oracle cards at random and they always provide gentle and empowering*

*messages to the seeker as he or she seeks guidance on a particular issue or for life's journey in general. I then shuffle and spread out about a dozen Tarot cards, another form or oracle cards that have been in use since the mid-fifteenth century. I have been using my Rider Waite deck for more than 40 years and at each reading I ask that they provide accurate revelatory messages. Both these divinatory tools provide valuable guidance, rather than "yes" or "no" answers.*

## CAN YOU TELL US ONE REMARKABLE STORY FROM A RECENT CLIENT?

*Just before Christmas I received a call from a very distraught woman. At the outset of the reading she sobbed and seemed inconsolable. She had just lost her job and her boyfriend. She also dreaded facing her family at Christmas as she felt she was a 'loser'. I asked her to help me call on the angels for help. She calmed momentarily as we asked for guidance. I drew the Patience card from my angel deck and for several minutes we discussed the guidance offered in this card. She further calmed as I interpreted several randomly picked Tarot cards. All offered positive messages and indicated that things would work out for her. One of the cards divined that she was well-suited to the arts. At this she gasped. She had studied acting and had recently been offered an acting job, but was afraid to take it. By the end of the reading she was determined to pursue this passion. As for the boyfriend? "There will always be another," she said, with a bit of a chuckle. She then wished me a Merry Christmas and said goodbye. This was a most remarkable gift.*

Half off your reading with Anne\*!

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# WRITING'S ON THE WALL

how fate played a hand in the rise of **sam smith**



**A**s the story goes, Kate Cassidy lost her high-paying job at a brokerage firm when she was accused of promoting her son's fledgling career on company time. This might have been terrible news when it happened, but after the 2016 Grammy Awards, few people could question the wisdom of that sacrifice. Sam Smith took home four golden statues, cementing his status as one of the world's most internationally recognised musical talents.

There are many entertainers in this day and age who skyrocket to fame, but this level of success can be fickle. The past decade is littered with one-hit-wonders and overnight sensations who left the spotlight just as quickly as they found it. Is Sam Smith one of these names? It doesn't seem likely. He may be young (Sam celebrates his 24th birthday this month) but his astrological profile has all the markings of a legitimate creative force who will continue to influence the world of entertainment.

Sam Smith was born in London on the 12th of May, 1992. That makes him a Taurus in the Chinese Year of the Monkey—and we can see how both of these signs influenced his early life. Sam's vocal prowess was first noticed at the age of 8 by his parents when he started singing Whitney Houston in the car. As his talent was groomed with singing lessons, recordings and competitions, he stated his intention to become famous and make his mark on the world. Taurus can be remarkably stubborn once it sets its mind to something, and this "bullish" quality helped Sam to set a steady course and follow his dreams even when the chips were down. The Moon in Capricorn is another fortunate aspect of Sam's, increasing his ability to block out the voices of anyone who said he couldn't succeed, and to follow his own path with conviction.

Monkey gave him a playful optimism and a way with people, which would prove important as he navigated the

competitive world of talent scouts and record producers. Musically he explored widely, and resonated most with soulful artists like Stevie Wonder and Aretha Franklin. But he always kept the business and practical side of show business in mind, and Mars in Aries gave him a direct and effective way of confronting problems and finding solutions.

His first breakthrough came with the help of Disclosure, the popular electronica duo. Sam contributed vocals to the track Latch, and people immediately responded to his powerful falsetto vocal style. The hit single Lay Me Down was soon to follow, and at the tender age of 21 years old, Sam Smith's creative and professional ambitions took on a life of their own. His astrological signature had given him a unique balance of talent, sensitivity and business sense—and the results were beginning to show.

This was only a few short years ago. We all know what's happened since. Sam's debut album, *In the Lonely Hour*, was released to global acclaim and success in 2014. He scooped four Grammys for his trouble, though Sam himself tells the public it wasn't easy. The album is a product of heartbreak and painfully unrequited love—perhaps this is why it carries such emotional power and resonance. Taurus is notorious for building long, slow, yet intense connections with the object of its desire. It chooses love interests carefully, and when its affections are not returned, the heartbreak can run deep.

Thankfully for us, Sam took advantage of his pain to create an enduring album that cements his place in the entertainment world for years to come. The Taurean softness and humility we see in interviews is genuine, but don't be fooled—Sam's other astrological signs and aspects give him a practical savvy and networking genius that have allowed his talents to shine on the global stage.

# Horoscopes

Check out today's horoscopes at [crystalclearpsychics.co.uk/horoscopes.html](http://crystalclearpsychics.co.uk/horoscopes.html)



## Aries

The New Moon of the 6th links brilliantly to the deep energies of Pluto. This could trigger a seminal moment around your career and business aspirations. If you have been working hard behind the scenes, this time could be a breakthrough month. However, the key is to be utterly realistic in terms of your expectations and target tangible rather than dreamy goals.



## Cancer

One alliance can become incredibly important to you this month, but it doesn't have to be just in a social context, Cancer and it could be romantically, or even professionally. However, even if someone does seem to be a person you can really admire and look up to, don't put them on a pedestal. In the last ten days of the month, you may find yourself more reflective.



## Taurus

This month sees a rare planetary alliance forged which can be truly beneficial to you Taurus, and especially around anything creative or artistic. With Jupiter, the planet of expansion, also going forwards from the 9th, and your ruler Venus entering your money zone on the 24th, your prospects can be very strong. A special person can enter your social life too.



## Leo

Your professional aspirations are given an incredible boost all through this month Leo and particularly where you're prepared to take on more responsibility, and show just how self-confident and assured you can really be. However, do be very realistic about financial expenditure. Give yourself permission to enjoy and embrace more playful possibilities in the last week.



## Gemini

Look beyond surface impressions, and you'll discover so much more - especially in the first two thirds of the month. It is true there is a tense influence between the 21st and the 24th, which could be important around a key relationship, but you are going to start to sparkle brightly once your ruler goes forwards on the 22nd, and the Sun and Venus enter Gemini.



## Virgo

Jupiter in your sign has been in retrograde since just after the start of the year but now powers forwards and goes on to forge a stunning link with your ruler Mercury and the deep energies of Pluto. This rare and beneficial Grand Trine can catapult you into a totally new sphere and with stunning success. Someone influential can help you along the way too Virgo.

# May

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## Libra

Anything to do with property, business, insurances and savings all look favourable on the back of this month's glorious New Moon. With Mercury retrograde, do be vigilant however and it will be important not to be too obliging as far as other people are concerned. You can be the ultimate people-pleaser but don't be taken too much for granted, Libra.



## Capricorn

You could find yourself having some quite amazing conversations at any time this month, but especially in the first two thirds. Don't underestimate the impact that your words and your guidance can have on situations, for someone could see you as being especially important to them. However, past issues may continue to call out for your attention.



## Scorpio

Your modern ruler Pluto is incredibly influential this month, especially in week two, when she combines with glorious Venus in your sector of relating. This can lead to a telling conversation that could prove to be hugely significant, perhaps even romantically so. But then all sorts of relationships can start to flow so much better throughout the month of May.



## Aquarius

Home and hearth! These are areas that are really going to be vibrating with energy this month Aquarius, and improving the comfort of your abode or improving the quality of your closest emotional and family relationships can take on a much greater resonance. There will also be an opportunity to be much more sociable and outgoing from the 24th of May onwards.



## Sagittarius

Your ruler Jupiter leaps into forward motion on the 9th and worldly aspirations can take a turn for the better. The key to progress this month really comes from a determination to make sure all the details of situations are really tied down firmly. Be sure not to take short-cuts or to downplay the importance of making sure nitty-gritty matters are attended to, Archer.



## Pisces

Mercury is in retrograde this month, right through to the 21st, and in an area which governs your everyday communications. With your two ruling planets of Jupiter and Neptune also in conflict it's vital that you're factual in your approach. Despite this, some amazing connections can be made and new, more positive dynamics be forged in all sorts of associations.



# SECRETS of the I CHING

There are many different tools for divination, but arguably none so ancient or influential as the Chinese Book of Changes, or I Ching. The words and diagrams in this book originate from sages who walked the earth between 2,000-3,000 years ago, yet its mysterious power continues to influence millions today. Some of the greatest thinkers of modern times, including Carl Jung, studied this book and used it to guide their decisions. If you've never used it before, where do you begin? If you do have experience, how can you take your readings to the next level? Here are four simple keys to unlock I Ching in your life.



**Study and limit your readings**—Today's fast-paced world has trained us all to expect quick results and straight answers, but I Ching works differently. The book is most effective when you put weight into each reading. This means carefully choosing your questions, setting a sacred space, and taking time to reflect on the guidance you seek. When the hexagram is complete, carefully read the words written under that hexagram, with particular attention to any changing lines. Go back later and read it again. You'll be surprised at what you notice! It's often more useful to consult a recent reading than to create a new one.

**Ask the right questions**—I Ching is considerably more sophisticated than a magic 8-ball. The questions you pose must be framed in a certain way. You might be tempted to ask "should I break up with my partner?" or "will I change jobs next year?" These questions aren't likely to elicit clear responses. The book wants you to understand your situation deeply, to reflect and consider its meaning and greater context. So—avoid "yes or no" questions. Instead, frame your dilemma in a more contemplative way, such as "what do I need to understand about..." or "what is currently happening with regard to..." The I Ching has a mysterious way of responding with these questions with astounding accuracy.

**Reflect and expand**—I Ching contains profound wisdom that might not seem to make sense at first glance—but stay with it. If your reading contains at least one changing line, take note of which hexagram is "created" when your changing lines are taken into account. This "second" hexagram symbolises how your situation might change if you follow the advice of the first hexagram. However, it's important to avoid information overload. The Book of Changes is dense, and each line of text is highly enigmatic. Soak up all the meaning and wisdom of the original hexagram before you seek additional insight.



**Look within**—The method for consulting I Ching with coins or stalks is simple, and any number of guides are available online. Once you understand how to formulate a hexagram, you can focus on your relationship with the book. It's good practice to ask your question aloud (in addition to writing it down) and meditate for a few minutes before proceeding. You should feel that you are at a crossroads; that you genuinely need guidance on a particular issue. Bring this uncertainty to your meditation. Engage the book on a psychic level. Hold your focus while you're throwing stalks or coins. Then read, study, and enjoy this profound ancient wisdom!

You can get insight from **talented psychics** today!

# THE EMERALD ENIGMA

**W**hen you hear stories about ancient treasure rooms, the four precious gemstones are usually mentioned: Diamonds, Rubies, Sapphires and Emeralds. Each of these is striking and magical, but for many people, the one that captures the eye and the heart most immediately is the traditional birthstone of May.

With its inexplicably deep shades of green, and the tangible density of the material itself, Emerald has an appearance that few gemstones can rival. St. Hildegard of Bingen (one of history's most notable rock experts) put it this way: "All the green of nature is concentrated within the Emerald."

He wasn't the first person to feel this way. The ancient Egyptians believed Emeralds were manifestations of eternal life, and Cleopatra was known to wear them often. The Incan empire had a similar reverence. Great philosophers and statesmen throughout history, including Aristotle and Charlemagne, carried Emeralds as talismans for protection, clarity and divine wisdom.

This enigmatic gemstone has been sought by royalty and treasure hunters for millennia – and the attraction clearly goes beyond appearances. There are potent spiritual qualities at work in this stone. That's why Emerald is just as popular with psychic healers as it is with high street jewelers.

So what are these spiritual qualities? For starters, Emerald carries a strong correlation to the heart chakra. When this chakra is healthy and open, human beings are able to receive the energies of universal love, truth, compassion and clarity. We feel patient, unified with the world around us, and full of inexplicable peace. Emerald exists on

the same spiritual bandwidth as the heart chakra, and helps us to access the universal wisdom we hold within.

It's also worth noting that in many cultures throughout history, Emerald was used as an acute psychic protection. When faced with the threat of powerful enchantments and spells, many shamans and healers used Emeralds as protective charms, calling on their divine power to help them ward off unwanted spiritual energies.

## **Clearing your mind, awakening your passions**

Aristotle preferred Emerald because when the heart is open, clarity and deep contemplation arise naturally in the mind. It's a powerful ally for study, philosophy, meditation, or any pursuit of higher truth. Emerald, like the heart, also exists in a natural state of passion. It has a powerful tendency to help people to rediscover and live their passions. These might include partnership, career, creative work, or any aspect of life that seems to have "gone flat." You won't find the energy of indifference or apathy in this magical material, but rather

an abundance of inspiration and empathy. The depth of colour in Emerald is a direct reflection of the deep, abiding wisdom of the earth.

## **A word to the wise!**

Because of their natural composition, these gemstones won't stand up well to drops or other physical traumas. They break rather easily. A broken heart can be soothed by Emerald, and will naturally come back together in time. A broken Emerald is difficult to repair, but thankfully, nature has provided an abundance of this amazing precious gemstone to help us navigate our lives with grace.





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