

# Crystal Clear

P S Y C H I C S

ROMANCING  
THE LION

RECLAIM  
YOUR SPIRITUAL  
STRENGTH

ROGER  
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ASTROLOGY OF A CHAMPION

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## From the editor

It may be August, but we're not ready to let go of Summer quite yet! We still have ample opportunity for spiritual and psychic growth as the Sun moves from Leo into Virgo, and for inspiration, we look at one of the most inspiration Leos in teh world today: Tennis champion Roger Federer. Are his successes related to a Zen-like state of mind?

You may be lucky enough to date Leo this August, and if so, you'll want to read every word our psychics have to say about how to romance this brave, proud, yet sensitive sign. Your Leo will be well and truly purring!

We also look at how to reclaim your spiritual power—an important undertaking in a day and age when spirit often seems like an afterthought! There's no reason to put it off any longer. Re-connect to your spiritual strength today!

Our featured reader this month is Elana Lee, a popular and well-spoken psychic whose combination of powerful techniques are a big hit with clients around the globe.

We hope you enjoy this magical month of August and all the psychic experiences it brings. Thank you as always for making us the most respected psychic service in the UK. We couldn't do it without you!

Love and Light,

Lauren X

# Elana Lee



WHAT ARE YOUR TALENTS AND WHAT DO THEY MEAN?

*I use a combination of one's astrological chart, the tarot, and being able to 'tune in' to a person, to assist deciphering possible life opportunities. Therefore what I do, I perceive as being a kind of 'alternative life-coach', as I may be able to help with the best timing for a situation, or whether that situation may arise in the first place, and/or what the energies of the people around that situation may be. All very useful stuff, as my mum with her 'scrying' eyes, knew only too well!*

WHAT TOOLS DO YOU USE AND WHY? WHAT IS THEIR HISTORY?

*Sometimes I don't use any tools. Sometimes I use colour cards if someone wants more of a soul reading. Other times I use the angel cards to give guidance. In some cases, angel cards give more accuracy then, say, tuning into someone directly when they are in a distraught state. In that situation, it's better to use the cards and avoid feeding back fears that might come through telepathically.*

WHEN DID YOU FIRST DISCOVER THAT YOU WERE PSYCHIC?

*I believe that everyone is 'psychic', but as some babies are born 'pitch perfect' and can sing in tune, others may only struggle with discordant notes in the shower, and so it may be with psychic abilities. Still, these are abilities which can be developed, but in our materialistic left-brained analytical world (which is necessary as well!), we aren't taught to hone our natural intuitive abilities*

*From an early age I was able to discern from a person's atmosphere, what kind of character they might be, and extending upon this, what might be likely to happen to them – not always a happy ability as it was sometimes linked to tragedy.*

*As an adult I trained psychically and much of my personal development has been to study subjects that involve 'energy' linked to the material world; this is what the world is made of and how it seemingly operates – what is life, after all? When we are deceased our bodies are left behind, and the 'life-force' or energetic system keeping it operating has departed, into another plane which is not material, a bit like ice becoming water becoming steam.*

ONE REMARKABLE STORY FROM A RECENT CLIENT?

*A recent case-study was a client who was considering changing career. Within this person's chart, there did seem to be a new work opportunity within a field other than the one they were currently involved with, which was also revealed by the chart. The tarot also revealed this new opportunity, but as well as this was giving somewhat of a warning not to do this.*

*By tuning into some names who were involved with this business, one name seemed to have less intimidating energy and was more amenable, so that the advice was to maybe try this opportunity, but to relate more to the person who seemed less likely to exert power and control over the subject. The client agreed with the 'character tuning' as they knew the persons involved, and they understood their options and the reasons for these, and this seemed to clarify the situation for them. Another case-study was the outcome of a legal situation, and from this person's astrological chart, it appeared that there would be a sudden change in the situation. This is in fact what happened and the outcome of this particular ruling was a positive one for the client.*

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In the exceptionally competitive landscape of professional tennis, in which champions are groomed from cradle to qualifying matches, one athlete stands out above the rest. Roger Federer is described by many as the greatest tennis player of all time, and although he recently slipped to number 2 in the world rankings, few will argue that he is the true king of the mountain.

What psychic and astrological traits go into creating an athlete of this caliber? Is Federer's success merely a question of hard discipline and persistence with talent thrown in, or has spirit lifted him along the way?

Roger Federer was born in Basil, Switzerland of the 8th of August, 1981. That makes him a Leo in the Chinese sign of the Rooster—a proud combination if ever there was one! Both Lion and Rooster are well-known for surges of confidence that help them shine in the spotlight.

And the spotlight was one thing Roger never seemed to fear. Having taken up tennis at the age of 8, it took him only three years to be ranked as one of the top three junior players in his home country. This compelled him to devote all his efforts to the game, and work

at achieving singular excellence. He was meticulous about his training—a trait surely helped by his Virgo ascendent, which loves to be detailed and organized. Once he started hitting bigger stages, his Lion/Rooster energy quickly made people realize that he was an intimidating presence on the court, and that his technical skills were unlike anything people had seen before.

When Switzerland's national junior champion title landed in Roger's hands at the age of 14, all of the planets seemed aligned for a stellar pro career. He gained his first sponsor at 16, won the junior Wimbledon title a year later, and was named by the International Tennis Federation as the Junior champion of the year. The pros beckoned—but would his psychic and physical composition be able to handle the pressure of the biggest stage in tennis?

The answer is, of course, yes—but it wasn't immediate. Roger was relatively quiet during his first few years in the pros, adjusting to his new surroundings and training rigorously. It all paid off in 2001, when he knocked tennis giant Pete Sampras out of the Wimbledon tournament and turned heads around the world. He sauntered onto the Wimbledon stage again in 2003, winning the tournament with sensational, dominating play. That was just the beginning. In the years that followed, he claimed all of the top titles and highest honors that professional tennis has to offer.

But it's not just physical grace and psychological confidence that endears Roger Federer to the tennis world. People are also drawn to his easygoing, gracious, good-humored state of mind. It's rare for an athlete to be so competitive, so dominate, and yet be able to shrug off criticism and remain a shining example of good-sportsmanship. The media has tried to explain these characteristics, but have they noticed that Roger was born with Mars in Cancer in the 11th house? A well-placed Mars gives people their competitive edge and, often times, the physical dominance and power needed for a career in pro sports. Cancer is, however, a soft and watery sign, highly psychic and caring in nature. The 11th house, moreover, is a place of social grace and collective thinking. Roger is known for heaping praise on his competitors, and seeing the game from multiple vantage points. Astrologically speaking, his Mars placement could be one of the keys to his graceful good nature both on and off the court.

A devoted family man and father, Roger has also created a foundation to help disadvantaged children, among many other philanthropic pursuits. He admits that age takes its toll on a professional athlete at his level, yet as he turns 34 this month, he is still hovering at the top of his game. If and when he does choose to retire, his serene state of mind will surely serve him well as he steps into other spotlights.

# Horoscopes August 2015



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## Aries

Your creativity gets a boost as Mars fires into Leo on the 9th, stirring up a desire to share your talents with the wider world. An increased competitive streak could also see you keen to make your mark. Bountiful Jupiter also moves into the sign of Virgo on the August 11th, and this encourages you to review your habits and routines in the next year. Doing so could enhance efficiency and vitality too.



## Cancer

Money matters take on a lively quality from August 8th as Mars encourages you to tackle any desire you have to improve your lot and consider ways to enhance your income. However, lucrative opportunities may be more available if you're willing to upgrade your skill-set. Pleasingly, Saturn's forward motion can see some recent frustrations start to fade away.



## Taurus

Make the most of this month's upbeat trends for family get-togethers and pleasurable time in nature. You'll likely be stirred into action by Mars too, as it encourages you to make a clean sweep and ring in the changes at home at least. If you're an artist or craftsperson a lively new influence could see you keen to take on projects and get more involved.



## Leo

You'll be in your element and keen to take part in projects and plans that have personal significance. The more "hands on" your involvement is, the happier you'll likely be Leo. As Jupiter enters Virgo your confidence in your self-worth and personal value can also improve. Any recent extra family responsibilities can also begin to ease.



## Gemini

Everyday interactions can lead to positive opportunities and even greater success. You can enhance your good fortune by promoting your goods and services and boldly asking for what you truly want. In addition, Jupiter's move into Virgo on the 11th can see you keen to invest in emotional bonds, your abode - and perhaps to work from there too.



## Virgo

Though busy, you'll continue to benefit by enjoying some down time when you can, as doing so allows creative ideas and useful insights to spring to mind. Delightfully, lucky Jupiter's grand entrance and return to your sign for the first time in twelve years on August 11th, can coincide with a fortuitous coincidence and there's a lot more to come in the next year.

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## Libra

Saturn edges forwards from the 1st of August, which could bring an improvement to any financial strains or limitations you have been experiencing. However, the lively focus on your social life continues and it could become even more hectic due to the arrival of Mars on the 9th in a really bubbly sector. Despite this from August 23rd, you can benefit from taking time out to reflect and pamper yourself somewhat more.



## Scorpio

You may find your energy levels and confidence improve as Saturn pushes ahead in your sign early in August. However, if you really apply yourself this month this could result in a promotion or see you achieve a long held and key ambition. Your popularity soars too as your social sector shows plenty of sparkle, and just who you know can prove important.



## Sagittarius

The call of the wild and a keen desire to explore new territory and expand your horizons may inspire you to make a few plans. Restlessness could be an issue though, but can be resolved by stepping up your exercise regime. However, this month is also a good time to make the most of your love of wider vistas, travel and exploration in general. A change at work may support this.



## Capricorn

You'll be keen for your money to work harder for you, with actions targeted at enhancing income and making wise investments. Even so, you'll still need to guard against overly impulsive purchases. Meanwhile, Jupiter glides into Virgo from August 11th, and this can encourage study for fun or as a way of getting ahead with your career.



## Aquarius

Relationships seem largely upbeat. Someone may also take it upon themselves to motivate you to action - if they think you aren't doing enough. How will you react? There's certainly plenty to keep you busy. With fortune bringer Jupiter relocating on the 11th, your long term financial prospects look more positive than they have in some time, and will see a lessening in anxiety and can bring a sense of relief.



## Pisces

As Mars enters Leo you may feel like exercising more regularly, whether this involves walking, aerobic workouts, or doing a much loved sport. You can also find yourself somewhat competitive which could improve your chances of getting ahead at work, especially if you can show real commitment. A lovely change from August 11th can also boost personal relationships and could bring love into your life in the next year.



## ROMANCING THE LION

So your heart skipped a beat when you saw those piercing eyes, that confident smile, and that supremely self-assured walk. You should be proud to have gotten the attention of one of these cats! What you shouldn't do, however, is rest on your laurels. The lion thrives on excitement and glamour, and isn't likely to stick around if the dynamic turns flat. Our psychics have tallied up their top pointers to keep your Leo purring.



### ADMIRATION GALORE

Nothing frustrates the lion (or lioness) more than your inability to notice the finer, more glamorous details in life. When you lay eyes on your Leo, it's a good idea to scan their physical appearance carefully, noticing any new accents. Be liberal in your praise of clothing, jewelry, hair styling, or anything else appearance-related. But you have to mean it! The lion is perceptive, especially when it comes to false compliments. So find something you admire and let them know about it. This may seem superficial at a glance, but think of it as a way to satisfy that fiery pride. Once you do, you'll find a generous and protective lover beneath.

### DON'T BE A PUSHOVER

Strength and confidence attract Leo like nobody's business. Weakness and indecision, not so much! If you're not willing to stand up for yourself and claim your own space, your Leo's trail is likely to grow cold. It might be necessary to step outside your comfort zone and do something you wouldn't normally do, but it'll pay huge dividends when they look at you with longing.

### BE SUPPORTIVE

Don't think that your Leo's innate confidence and thick hide render them impervious to injury. This sign has emotional constitution that can blaze fairly hot, and when they've been slighted, they'll need your support. If someone else is the culprit, your job is fairly easy. But if you're to blame, it's best to give your lover the space to be upset. Just don't be distant, or try to throw it back at them. This will only make things worse!

### FORMAL INTRODUCTIONS

If you really want to awaken the wrath of your Leo lover, take them to a social gathering and don't introduce them around. Leo doesn't just want to be at the party. He or she wants to be seen with you. Introductions should be clear and direct, offering your Leo a chance to step into the light where they belong. Beware of excluding your Leo in any way, as it will most likely come back to haunt you. Besides, why wouldn't you want to show off such a stunning date? If you leave them on their own, they'll probably start winning people over on their own.

### GET OUT OF THE HOUSE

A Leo likes to curl up on the couch and purr once in awhile—but too many nights in are liable to dampen the lion's spirits. It's important to take charge and have a mental list of things to draw on. Dinner and dancing, a museum, a gallery opening—these glamour-tinged scenes work wonders. On the other hand, so does a quiet walk on the beach, through the woods, or along the avenue. Like any feline, your Leo likes to get out and roam. Make sure you're the one pulling them out the door, at least sometimes.

### REMEMBER...

A Leo lover is one of the most fantastic things the Zodiac has to offer. If you keep your wits about you and play nice, this sign's strength and sensitivity can bring untold growth and happiness to your world.

Seeking guidance on romance?

# RECLAIM YOUR

# SPIRITUAL POWER

**Y**ou've probably heard it a hundred times before: Every human being is innately spiritual, and we all carry the divine mystery within. The more we connect to this endless spirit or source, the more strength and happiness we receive.

But how easy is it to grasp the meaning of these words in our hearts, rather than merely understand them in our heads? When we step onto the morning train and look from end to end, why do so many people seem tired, defeated, weary of the world? Is there really a way to reclaim our childlike curiosity, our zest for life, and our ability to meet its challenges with grace and strength?

If there is, it probably won't hit like a bolt from the blue. As long as we're waiting for a split-second realisation to come and change our lives, we'll be prone to disappointment. But if we truly believe that a deep reserve of spiritual strength exists within us—and if we make a steady, conscious attempt to reach it—we may be able to open it little-by-little.

## **Cleanse body and mind**

It's very difficult to fully recover spiritual strength when the body's physical strength is being sapped by poor diet, insufficient exercise, and other unhealthy habits. The body's burdens are shared by mind and spirit, so why not lighten the load? There are many dietary cleanses out there, from raw food to juice and everything in between. The right cleanse (properly researched and supervised) can give you a significant jumpstart on reclaiming your spiritual strength.

Other cleansing practices such as aural cleansing, smudging, crystals and feng shui can exponentially increase the amount of spiritual strength flowing into your life and world. Look for areas in your life where you can improve, and give your mind-body-spirit complex the best possible chance to shine. The stronger your intention, the better your results.

## **Use Your Imagination!**

If you ask any psychic or spiritual healer about the imagination, they'll probably tell you that it's closely related to clairvoyance and spiritual vision. Spirit often communicates through images, impressions, metaphors and archetypes. These exist naturally in us, and most of us experience them as children. But as we grow older and learn how to survive in the world of adults, rules and responsibilities begin to drown out these innately playful and spontaneous impressions. Re-connecting to them is simply a matter of sweeping everything else out of the way and letting them reach the surface of our conscious minds. We can do this through various visualisation practices, both guided and unguided.

Guided visualisations (usually a voice talking over soothing music) is a good place to start, and to work the muscle of our imagination. Once you've got a taste for it, you can begin using music only, or no sound at all, and allowing your imagination to simply unfold behind your eyelids. You'll be surprised at what you see, hear, feel and experience. Don't be discouraged if you don't see pictures as clearly as if they were projected on a movie screen. Spirit communicates in many ways—often just through feeling—and this too is the imagination at work.

What does developing the imagination have to do with tapping into your spiritual strength? It aligns allows spirit a freer channel into your thoughts, your emotions, and your life at large. It enables you to see things from a more comprehensive viewpoint, to put things in perspective, and to know in your heart that everything and everyone is connected.

A great source of spiritual strength exists inside of us, and our lives are full of overgrown paths that lead back to it. All you have to find a place—anyplace—to start. Talk to a friend. Consult with a psychic. Once you get a taste of greater spiritual strength in your life, you'll want nothing more than to keep bringing it in!

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