

Crystal Clear

P S Y C H I C S

HAPPINESS
BEFORE
LOVE

PSYCHIC
HAZEL
ON THE VIBE

STAYING
CENTRED
IN A CHAOTIC
WORLD

COLIN
FIRTH

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ON THE VIBE
HAZEL

From the editor

The changing season always reminds us to put our lives in sync with spirit, and strive to reach our highest potential. Take Colin Firth, for example. Equally at home on small stages and big screens, this actor has reached the heights of success by following his own psychic nature. Are you ready to meet the man behind the characters?

Hazel (pin 7736) is our featured psychic reader this month, and we couldn't be happier to tell you about her! Ever popular with clients, Hazel augments her powerful psychic gifts with tarot and astrology to cut through the clutter, bring dynamic insight to your current situation, and make a positive impact that can be felt.

We also thought you could use a reminder (we know we could!) of how to stay centred in a world that often seems more chaotic by the day. With so much noise, it's easy to drift away from centre. Luckily, there are easy methods that to keep you centered and ready to embrace life!

Finally, we ask a very important relationship question: What comes first, happiness or love?

Keep in touch with us this September! We want to share psychic and spiritual inspiration with you. You're the reason we're the most respected psychic service in the UK.

Love and Light,
Lauren
Lauren X

WHEN DID YOU FIRST DISCOVER THAT YOU WERE PSYCHIC?

I became aware of psychic realities and dimensions in my late teens. I met a woman who was a healer, and a tarot reader who told me that I should get myself some tarot cards and that I would have the ability to read professionally. This was verified by another reader, not long after that. My channelling abilities opened during this time as well.

I think managing the trauma of some of my early adult experiences served to draw me closer to spirit, as a source of comfort and healing. Being open to receive guidance in my own life meant that I had to surrender my ego and really let go, and getting to that point was preceded by a point of huge despair.

In order to deal with it, I channelled verses from the tarot. Many times, the cards spoke to me and automatic writing came through. My awareness of the astral dimensions totally exploded in beautiful abundance, and although it was all very new to me, I did what I could to survive and make sense of the situation I found myself in.

All of this was a long time ago now, and since then, I have continued to practise and study different forms of divination and spiritual healing, as well as also performing other psychic work like space cleansing in buildings.

WHAT TOOLS DO YOU USE AND WHY? WHAT IS THEIR HISTORY?

The cards are a tool which can be used to show insight into situations, give clarification and guidance as to the best choices to make and show likely outcomes. One can ask how to bring about desired outcomes, and many times the cards have clear messages beyond any perceived problems, bringing a totally holistic perspective to the situation. I like to give a quick overview general reading at the beginning, which is useful to ascertain a 'connection' between myself and my client, as well as an energy-warm-up to get the 'flow' of the reading going. Sometimes the client likes me to continue reading whatever the cards have to say to me, while some having very pressing questions where the underlying energies of a situation need clarification.

It is so rewarding when the reading concludes and the client has received the clarification they needed. I really feel my heart chakra expanding when I give readings. It's so beautiful to have that connection and share the wisdom from the spirit archetypes.

WHAT DO YOU LIKE ABOUT READING FOR CRYSTAL CLEAR PSYCHICS?

I really love working for Crystal Clear Psychics because they are an ethical company with really lovely staff. It makes such a difference. It feels like being part of a family rather than working for a profit-driven organization. Unfortunately, I think many companies offering psychic services do not have strong ethics and often exploit both their readers and clients. Psychic ability is a gift, and it is an honour to serve as a reader. For me personally, I can only give readings as long as I feel my integrity is not compromised. Crystal Clear Psychics do really care about their clients and readers, and it is a joy to belong to their 'family'.

Connect with Hazel today!
0800 422 0422 pin 7736

Psychic Affectations

When Colin Firth walked out of that lake in the 1995 TV version of *Pride and Prejudice*, he walked straight into the hearts of millions of fans. He was a young man then, and relatively unknown—but his fate as one of the world’s top acting talents may already have been sealed. The Oscar winner’s astrological signature gives compelling insights into the psychic source of his success.

Colin Firth was born on the 10th of September, 1960 in Hampshire. That means his Western and Chinese Zodiac signs are Virgo and Rat, respectively. Once you know this, the witty ambition of Rat and the observant skepticism of Virgo can be noticed right away in his on-screen characters and his real-life persona.

Born to academic parents who often worked abroad, Colin’s early life was characterised by frequent travel into new territory. During the first decade of his life, the family moved to locations as diverse as Nigeria and the Midwestern United States. It wasn’t until they returned to England that young Colin picked up his first acting job; but it wasn’t a conventional entry to the profession. He was a constant target for bullying in the schoolyards of Hampshire, perhaps in part because the Virgoan innocence he projected. But Colin wasted no time in finding a solution to this problem. He decided to imitate the working class accent spoken by the other Hampshire kids, and his successful attempt made the bullying go away. This is classic Rat nature: Shrewd, opportunistic and unwilling to accept a negative outlook.

School itself, however, held little interest for Colin. It soon became clear that he would not follow in the footsteps of his academic parents, and that a different path had taken root in his consciousness. Colin started attending professional drama workshops at the age of 10, and by 14 knew beyond all doubt that acting was for him. Upon completion of secondary school, the budding actor joined the National Youth Theatre in London, and from there went on to study at Drama Centre London. There, he would find the industry contacts and opportunities he needed to take acting to the next level.

Colin’s Virgo and Rat natures worked in concert during this period: Rat gave him a big picture mentality, allowing him to focus on what would give him personal and spiritual fulfilment in the long-term. Virgo gave



him a careful, meticulous approach toward making those dreams a reality. A Taurus moon added nicely to mix, helping him to stay grounded and hard-working throughout his early acting years.

After a string of successful performances in theatre and television, Colin was dubbed one of the ‘Brit Pack,’ and considered one of the best up-and-coming English actors during the 1980s. It wasn’t until 1995, however—during that famous scene as Mr Darcy in *Pride and Prejudice*—that he really broke through. *The Guardian* called it “one of the most unforgettable moments in British TV history,” and while it may have propelled Colin Firth into proper stardom, it also haunted him. The actor was afraid of being typecast as a romantic idol, and although he did work to overcome this image, it was also strengthened by a string of romantic films.

Colin’s Rat-Virgo combination, however, would not allow him to be pinned down. Rat demands to be taken seriously, while Virgo is a fiercely independent sign. These qualities allowed him to navigate toward wider critical acclaim through films like *The English Patient*, *The King’s Speech* (for which he won an Academy Award), and *Tinker Tailor Soldier Spy*.

As Colin Firth nears his 55th birthday, he seems to have found his place among the acting world’s most mature and sought-after talents. The hard work and meticulous foresight embodied in his various astrological traits have made turned him into a global box office draw and a highly-decorated professional. But in the hearts of millions of smitten fans, this striking Virgo will always be Mr Darcy...

Horoscopes September 2015

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Aries

You'll be keen to knuckle down and get on with any plans or projects you've set yourself. And, if you're not happy with the job you're doing, you may well be motivated to search for something more interesting. September is also a month when finances look set to improve, boosted by an upturn in your self-confidence and your personal abilities.



Cancer

Suffered financial delays? Money matters can begin to speed up as Venus pushes ahead from September 6th, plus you'll likely spot a better deal on big-ticket items you're keen to purchase. Meanwhile, everyday communications get a boost and this can bring new friends your way, and with a little good fortune, one or two lucrative opportunities as well.



Taurus

Frustrations concerning relationships and everyday interactions ease as Venus turns direct from September 6th, bringing a greater chance of harmony and a fresh start. The Solar Eclipse in Virgo on the 12th can also encourage you to make combining fun and relaxation a regular habit, especially if you've neglected any of life's pleasures more recently.



Leo

This month's Eclipses encourage transformation, and it starts with assessing your current situation and realizing that you may need to alter your relationship to long standing issues. Take a look at your talents too, as by showcasing them dazzling new opportunities can show up. You'll need to move out of your comfort zone though, to make true progress, Leo.



Gemini

Home and family affairs can get a big boost this month, with a Solar Eclipse on September 12th encouraging, potentially radical decisions. If you've been considering a move or planning on expanding your property then the chances are it can be all systems go. However, Saturn's return to Sagittarius mid-month encourages caution in your dealings with certain individuals.



Virgo

With a Solar Eclipse in your sign on September 12th events around this time can encourage a bold move or new direction. However, it's more than just a new beginning - it could be the start of something very substantive, one which can require you to take a true leap of faith. From the 25th, Mars gifts you with plenty of extra vitality and the willpower to overcome niggling obstacles.

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Libra

Venus dances ahead from September 6th, bringing an end to confusion or frustration around certain relationships. From this point on, you'll have a clearer picture of how best to proceed. When the Sun arrives into your sign from September 23rd, this encourages you to prioritise your goals and get meaningful projects moving forwards.



Capricorn

The cosmos encourages you to expand your horizons and be adventurous. Whether this means taking a trip, studying or perhaps learning from a coach or mentor, you'll do well if you take up the challenge. The Lunar Eclipse of the 28th however, encourages you to harmonise your work life balance. A few tweaks can make a major difference, Capricorn.



Scorpio

A friendly focus on your social sector, along with a Solar Eclipse can coincide with a few changes in terms of interests and links to others. You may gravitate towards new friends or a club that provides fresh experiences and expands your horizons in the process. However, the Lunar Eclipse of the 28th September suggests you should pace yourself around both work and play.



Aquarius

There's a chance of a breakthrough in your finances, not only because of Jupiter's positive new location and influence in your sector of long term resources, but also because of the Solar Eclipse of the 12th which is encouraging fresh approaches. All of this could lead to a potentially lucrative future. However, as Mercury rewinds from mid month - do take extra care regarding the small-print or details of anything key.



Sagittarius

You'll get a boost this month, as key influences encourage you to be bold, to take on challenges and strive to reach your goals and ambitions. September 12th can coincide with an opportunity that whilst proving to be a bit of a stretch, could be one that catapults you into new territory. Your social scene looks to sparkle more from September 23rd.



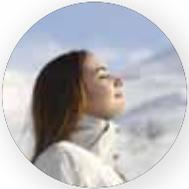
Pisces

Interactions could be potentially life-changing, as an offer or conversation can open exciting new doors for you. You'll find others to be a motivating force in your life, pushing you to try things you might not have otherwise. Connections to others can take on something of a fated quality as the month winds down, especially romantically.

Staying Centred in a Chaotic World

In this day and age, chaos often seems to be the rule. In order to maintain a peaceful and centered daily existence, these four measures bring tangible results.

BREATH DEEPLY



The breath is not only our most basic and important biological function—it's also a mysterious and profound connection to spirit. Sages throughout history—as well as modern sages like the Dalai Lama—have identified conscious breathing as an essential ingredient to enlightened states of mind. An ancient Chinese proverb says that if you know the art of breathing, you have the strength, wisdom and courage of ten tigers. Why is this? Perhaps because the breath is our most immediate and vital connection to the world. It's also strongly linked to thoughts and mental states. Making an effort to breath deeply and slowly, focusing on each inhalation and exhalation, is perhaps the single most powerful tool we have for staying centered in the midst of chaos.

CUT THE CAFFEINE



Caffeine certainly has its place. Take away all the wonderful teas and coffees bestowed upon us by the planet Earth, and the world would be a sadder place! And yet, as the most commonly used drug on the planet, caffeine has tremendous potential for abuse. Scientific study says too much caffeine makes anxiety worse, reduces quality of sleep, and upsets the digestive system—but you don't need a laboratory to tell you the effects of too much caffeine. Limiting yourself to one or two cups of your favourite caffeinated drink—and going for herbal teas or coffee substitutes instead—can make a tangible contribution toward everyday centeredness.

SKIP THE NEWS



We live in the age of the 24 hour news cycle—and unfortunately, most of this news is not good. Why? Is the world really in dire straits? Or could it be that negativity sells? The truth is, there's a lot of good news that never gets reported, simply because good news doesn't attract as many viewers and clicks. The world we see in the news isn't necessarily an accurate picture of the world. In fact, it may leave us with an extremely negative outlook. As responsible and concerned citizens, it's important to be informed. But constantly turning to the news for more information can take our attention away from the beauty of the moment. Take your news in smaller, more infrequent doses (like your caffeine!) and you may find yourself feeling more centered and connected.

PRAY



Scientific research suggests that prayer (including various forms of meditation and visualisation) can increase self-control and centeredness. It also makes people more compassionate, trusting, and forgiving. How could these qualities not lead to a more peaceful and grounded experience of daily life? Choosing how to pray is a personal decision, and doesn't have to involve any specific deity or religious system; but for anyone who wants to stay centered, some basic form of prayer is a powerful asset.

Seeking guidance on romance?

Does Happiness Come Before Love?

Modern life has so many different aspects: Spiritual growth, money, friendships, family. At times we're too busy to notice that something important is missing—but if months and years pass without the warmth of a romantic flame, we begin to feel a certain kind of chill. We long to stoke the fires of passion, to share our deepest selves with another human being who understands and supports us. In our desperation, we may even feel that life will remain incomplete until this vital source of heat has been found.

So begins the search for happiness through romantic love. We want love and partnership, of course—but our ultimate goal is to feel happy and fulfilled. If we were perfectly happy without love, we wouldn't bother with online profiles, scheduled nights out, or any of the other things we do to increase our chances of finding someone.

Let's consider the possibility that we've had it backwards. What if romantic love is actually found through happiness? What if happiness comes first and love is a bonus? If that were true, we would be left with the question of how to find happiness within ourselves. The condition of happiness would then attract love like a magnet, and happiness would grow even stronger.

If this sounds too good or too strange to be true, consider the following quotes from great spiritual teachers throughout history:

Buddha: "You can search throughout the entire universe for someone who is more deserving of your love and affection than you are yourself, and that person is not to be found anywhere."

Rumi: "Lovers don't finally meet somewhere. They're in each other all along."

Khalil Gibran: "If your heart is a volcano, how shall you expect flowers to bloom?"

The list goes on—but if quotes aren't enough to convince you, consider the science behind attraction. Research consistently shows that confidence and body language are important answers to the question of why people are attracted to one other. How is confidence ultimately strengthened, and how does body language become more open and appealing? The answer is happiness, contentment, self-love. Getting right within yourself is the only way to show others the best of you, and draw the right people into your world. Discontentment, want, anxiety and a constant sense of "lacking" are surefire ways to send potential mates running for the hills.

HEART CHAKRA MEDITATIONS

From a psychic perspective, heart chakra meditations are a great place to start. These often involve conscious breathing, guided imagery, and inner-focus on the area around the heart. There are many to choose from, and a trained psychic may be able to suggest one that works for you personally. That said, simply knowing the importance of loving yourself is likely to bring that special someone out of the dream world and into your reality!



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